

# Two Tunnels Races - 2nd May 2021

# **Final Schedule**

#### **Shuttle Bus**

Buses run between 08:00 - 15:00 (last bus leaves the park returning to the Park & Ride) only. There will be a slight reduction in the number of services running during the middle part of the day. 1 bus every 15mins approx.

## **Race Briefing**

There is no race briefing ahead of each wave, rather small elements will be mentioned every time a group of runners set off, so your race briefing will be delivered in bite size chunks. This ensures there are no gatherings before the race.

#### **Number Collection**

Self serve with numbers laid out on desks under paper weights. Please take your number, leave the paperweight and collect your safety pins from the end of the tent.

Race Wave	Arrive Park & Ride	Arrive on foot	Starts from	Leave venue
500m Colourburst	75mins before race	30-45mins before race	09:15 - 12:00	30mins after finish
2km Colourburst	75mins before race	30-45mins before race	09:15 - 12:00	30mins after finish
Half Marathon - WAVE 1	75mins+ before race	30-45mins before race	10:00 - 10:20	30mins after finish
Half Marathon - WAVE 2	75mins+ before race	30-45mins before race	10:25 - 10:35	30mins after finish
5km - WAVE 1	75mins+ before race	30-45mins before race	10:40 - 10:55	30mins after finish
5km - WAVE 2	75mins+ before race	30-45mins before race	11:00 - 11:10	30mins after finish
Return 10km - WAVE 1	75mins+ before race	30-45mins before race	11:20 - 11:40	30mins after finish
Return 10km - WAVE 2	75mins+ before race	30-45mins before race	11:45 - 11:55	30mins after finish
Return 10km - WAVE 3	75mins+ before race	30-45mins before race	12:00 - 12:15	30mins after finish
Return 10km - WAVE 4	75mins+ before race	30-45mins before race	12:20 - 12:30	30mins after finish
Return 10km - WAVES 5&6	75mins+ before race	30-45mins before race	12:35 - 12:55	30mins after finish

Places on the day at the end of the following waves only; CB  $^{\sim}12:00$  start. HM W2  $^{\sim}$  10:25 start. 5KM W2  $^{\sim}$  11:00 start. 10km W5&6  $^{\sim}12:35$  start.

### **Notes**

There are multiple waves so there is the potential the same colour numbers will be used more than once. Please listen out for announcements referencing your Race Wave. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave.