

# Relish Running Races

## Two Tunnels Races - 15th August 2021

### Final Schedule

Please note shuttle buses run between 07:00 - 18:00 only. 1 bus every 15mins approx at peak times.

#### Race Briefing

There will be a race briefing 10mins before each wave starts. Runners will start in groups of 75-100 based on the wave selected at registration.

Number collection by EVENT WAVE or numbers spread out on desks for self serve collection.

Event Wave	Race & Wave	P&R	Arrive at HQ	Briefing	Start	Colour
Ultra	50km Ultra and Relay*	07:15	07:30 - 07:45	08:15	08:30	White 1-100
Colour	500m Colourburst*	08:00	08:30 - 08:45	09:10	09:20	Colour Cloud
Colour	2km Colourburst*	08:00	08:30 - 08:45	09:10	09:20	Colour Cloud
Event Wave 1	Marathon - Wave 1	08:30	00:00 - 09:15	09:50	10:00	Silver 501-599
Event Wave 2	Marathon - Wave 2	08:45	09:15 - 09:30	10:05	10:15	Grey >7000
Event Wave 3	Marathon - Waves 3-5*	09:00	09:30 - 09:45	10:20	10:30	Silver 600-709
Event Wave 4	5km - Wave 1	09:10	09:40 - 09:55	10:30	10:40	Green <1000
Event Wave 5	5km - Waves 2-3*	09:20	09:50 - 10:05	10:40	10:50	Green >6000
Event Wave 6	Half - Wave 1	09:30	10:00 - 10:15	10:50	11:00	D. Blue <2500
Event Wave 7	10km - Wave 1A**	09:40	10:10 - 10:25	11:00	11:10	Pink >3900
Event Wave 8	10km - Wave 1B	09:50	10:10 - 10:25	11:00	11:20	Purple <8700
Event Wave 9	Half - Wave 2	10:00	10:30 - 10:45	11:20	11:30	Orange <8500
Event Wave 10	10km - Wave 2	10:10	10:40 - 10:55	11:30	11:40	Black >9000
Event Wave 11	Half - Wave 3	10:20	10:50 - 11:05	11:40	11:50	Orange >8500
Event Wave 12	10km - Wave 3***	10:30	11:00 - 11:15	11:50	12:00	Pink <3900
Event Wave 13	Half - Wave 4****	10:40	11:10 - 11:25	12:00	12:10	Yellow
Event Wave 14	10km - Wave 4	10:50	11:20 - 11:35	12:10	12:20	Black <3000
Event Wave 15	Half - Waves 5-6*	11:00	11:30 - 11:45	12:20	12:30	D. Blue >2500
Event Wave 16	10km - Waves 5-8*	11:10	11:40 - 11:55	12:30	12:40	Purple >8700

#### Notes

\*Waves that are open to on the day registrations

\*\*1A is Nov 2020 10km sign ups only (not rolled over to Nov 2020)

\*\*\* 10km runners who registered for Nov 2020 (not rolled over to Nov 2020) are in this wave to balance out the numbers

\*\*\*\* All May, July, Aug 2020 Half roll overs have been assigned to this wave to balance out the numbers

There will be multiple waves with the same colour race number, please pay close attention to the number range too. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave. Event Waves refers to the order the individual race waves will set off. You can collect your number from the desks which respond to the Event Wave, not your race wave. For example, 10km wave 3 runners are in Event Wave 11, so will collect their numbers from desk 11, not desk 3. The briefing for each event will take place 10mins before the wave starts and it will be held on the start line. There is no on the day prize giving. Prize winners will be contacted the week of the race.