

Relish Running Races

Larmer Tree - 8th March 2026

Final Schedule

Number Collection

Number collection opens 60mins before each wave's start time.

Race Briefing

There will be a race briefing 5mins before each wave start held on the start line.

PLEASE COLLECT YOUR RACE NUMBER FROM THE DESK WITH YOUR EVENT WAVE NUMBER

Event Wave	Race Wave	Arrive at Race	Briefing	Start	Colour	OTD?
Event Wave 1	Marathon - All	08:45 - 09:00	09:55	10:00	Black	Y
Event Wave 2	1 Mile Fun Run	08:55 - 09:10	10:00	10:05	Pink	Y
Event Wave 3	10km Canicross	09:05 - 09:20	09:40	From 10:20	Red	Y
Event Wave 4	Half - Wave 1	09:20 - 09:35	10:30	10:35	D. Blue	N
Event Wave 5	10km - Wave 1	09:30 - 09:45	10:40	10:45	Yellow	N
Event Wave 6	20 Miles (All)	09:40 - 09:55	10:50	10:55	Green	Y
Event Wave 7	Half - Wave 2, 3	09:40 - 09:55	10:50	10:55	L. Blue	Y
Event Wave 8	10km - Wave 2, 3, 4	09:50 - 10:05	11:00	11:05	Orange	Y

OTD = On The Day registrations / Transfers for pre registered runners to change their distance

Notes

Event Waves refers to the order the individual race waves will set off.

There are multiple waves with the same colour race number, please pay close attention to the number range too on the final schedule. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave. You can collect your number from the desks which respond to the Event Wave, not your race wave. For example, 10km wave 1 runners are in Event Wave 5, so will collect their numbers from desk 5, not desk 1. Event Waves refers to the order the individual race waves will set off. The briefing for each event will take place 10 minutes before each wave starts, on the start line.



Prizes

There is no on the day prize giving because of the multi wave, multi start time format of the events. Prize winners will be contacted by the end of race week.

The final number of prizes awarded is determined by the number of finishers for *each gender* in a given race distance. If there are more than 100 finishers then the full range of awards are made (top 3 along with first in each age group). If there are between 50-100 finishers then the top 3 finishers overall will be awarded a prize. If there are less than 50 then only the winner will be awarded a prize.

Finishers in each Gender	1-49 Finishers	50-99 Finishers	100+ Finishers
Prizes	1 st Place	Top 3	Top 3, 1 st in age group

We do not have any winner's prizes for any of the fun as we would like to keep this participation focused.

