

# Relish Running Races

Larmer Tree – 8<sup>th</sup> March 2026

## Provisional Schedule

### Number Collection

Number collection opens 60mins before each wave's start time.

### Race Briefing

There will be a race briefing and warm up 10mins before each wave start held on the start line.

**PLEASE COLLECT YOUR RACE NUMBER FROM THE DESK WITH YOUR EVENT WAVE NUMBER**

Event Wave	Race Wave	Predicted time	Arrive at Race	Briefing	Start
Event Wave 1	Marathon - All	Open to all	08:45 - 09:00	09:50	10:00
Event Wave 2	1 Mile Fun Run	Open to all	08:55 - 09:10	10:00	10:10
Event Wave 3	10km - Wave 1	Open to all	09:05 - 09:20	10:10	10:20
Event Wave 4	Half - Wave 1	Open to all	09:15 - 09:30	10:20	10:30
Event Wave 5	20 Mile - Wave 1	Open to all	09:25 - 09:40	10:30	10:40
Event Wave 6	10km - Wave 2	Open to all	09:35 - 09:50	10:40	10:50
Event Wave 7	Half - Wave 2	Open to all	09:45 - 10:00	10:50	11:00
Event Wave 8	20 Mile - Wave 2	Open to all	09:55 - 10:10	11:00	11:10
Event Wave 9	10km - Wave 3	Open to all	10:05 - 10:20	11:10	11:20
Event Wave 10	Half - Wave 3	Open to all	10:15 - 10:30	11:20	11:30
Event Wave 11	10km - Wave 4	Open to all	10:25 - 10:40	11:30	11:40

OTD = On The Day registrations? Usually only wave per distance is open to on the day registrations.

### Notes

Event Waves refers to the order the individual race waves will set off.



There are multiple waves with the same colour race number, please pay close attention to the number range too on the final schedule. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave.

You can collect your number from the desks which respond to the Event Wave, not your race wave. For example, 10km wave 3 runners are in Event Wave 9, so will collect their numbers from desk 9, not desk 3. Event Waves refers to the order the individual race waves will set off. The briefing for each event will take place 10 minutes before each wave starts, on the start line.

## Prizes

There is no on the day prize giving because of the multi wave, multi start time format of the events. Prize winners will be contacted by the end of race week.

The final number of prizes awarded is determined by the number of finishers for each gender in a given race distance. If there are more than 100 finishers then the full range of awards are made (top 3 along with first in each age group). If there are between 50-100 finishers then the top 3 finishers overall will be awarded a prize. If there are less than 50 then only the winner will be awarded a prize. We do not have any winner's prizes for 3km funrun as we would like to keep this participation focused.

