

Relish Running Races

Giddy Horse Event Information Saturday 25th October 2025, from 09:00am

Address: Chepstow Racecourse, Chepstow, Monmouthshire, NP16 6EH

What3Words Address (more accurate) /// [rail.canines.merely](https://www.what3words.com/?q=rail.canines.merely)

Registration / Number collection opens at 08:00am

On the Day Registrations - please see Schedule document for start times

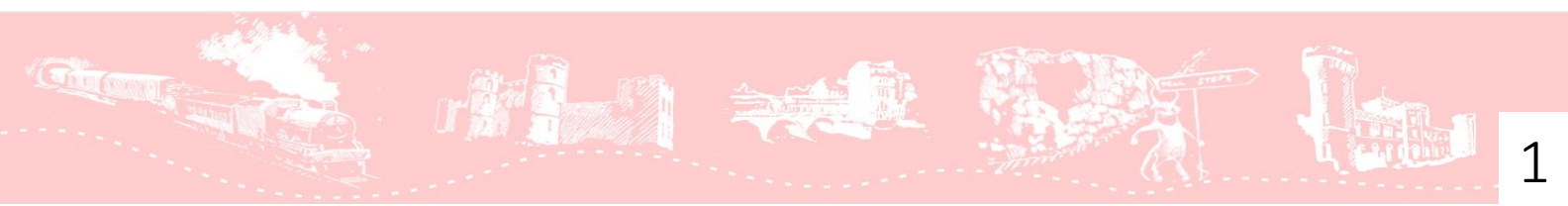
Backyard	8hr Solo	12hr Solo	Pair	3-5 Runners	6-8 Runners	9-12 Runners
On the Days	£65	£80	£50/each	£45/each	£40/each	£35 each

Other Races	Trail	OCR	Canicross	Night
4 Mile	£26	£40	£26	£26
8 Mile	£31	£45	£31	£31
Half Marathon	£44			

On the day payments can be made with cash, card or contactless payment.

Safe Race

- Please respect other users on the route and only pass other runners or members of the public when you can do so at a comfortable distance, staying to the left hand side at all times unless you are overtaking.
- If in doubt, miss an obstacle out. There is no shame in skipping something, there is no cheating, we want everyone to have a fun, safe and enjoyable time.
- 12hr Backyard, 12hr Relay Runners and Night runners – pack your head/chest torch now!



Important Notices

- Spectators are very welcome, including four legged spectators. There is no access on to or across the horse racing track. You can follow the race route to spectate on to the course.
- Parking is £2 per car, payable at the entrance into the park (rather than when you have parked up, if you could have this ready that would be much appreciated)
- The car park is the other side of a busy main road, please take care here and when moving about the car parking area.

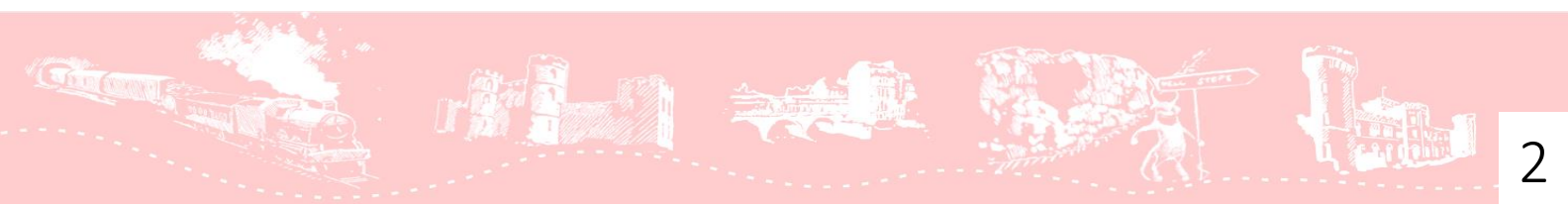
Car Parking

The postcode will get you onto the correct approach. When you see the large Relish Running signs (white background, red text) please follow these to the event car park and disregard your SAT NAVs instructions.



Parking is £2 per car, please follow the parking attendant's instructions to park up swiftly. Please do not chat to them about the race, we have a lot of cars to park so we need to keep things moving and ensure we don't clog up the main road. The Event Information desk at Registration will be well placed to answer any questions.

Spectators



We have a building with a viewing balcony overlooking the near obstacles which form the final part of the race route. There is also the main viewing stand which will provide a good degree of shelter from the elements which overlooks the start and finish line.

We ask spectators to not move out onto the main course as you may inadvertently obscure route markings.

Race Registration

We are not posting out any numbers for this event, all numbers will be available to collect on the day. Number Collection and On the Day Registrations will open from 08:00 for the first event of the day. Number Collection and On the Day Registrations for the subsequent events will open 60mins before the start time for that race.

If you registered your runners as part of a group entry (registered as part of a group of 10 or more), your group's number will be available to collect from the Event Information desk. Please nominate someone to collect the numbers from this desk and ensure everyone in your group receives their assigned number with the laminated group start list within your envelope.

Runners who register on the day will be assigned a wave according to the first available wave. Waves are not organised by predicted finish time, each wave is open to everyone to allow runners to spread out over the course.

Registration will remain open so long as there are still waves to start.

Runner Shelter (Backyard/Relay)

We have use of a very large marquee, essentially a permanent structure, for you to store your supplies, chairs etc for your pit stops between laps. It is approx. 60m from the lap point. If/when you are tight on time for your laps, you are welcome to bring supplies to the lap point itself, but as there is no shelter at the lap point, nor space to put up your own tents on site, we would encourage you to base yourself in the marquee for as long as possible.

Bag Storage

There is a bag drop area within the number collection marquee.

Toilets

There are toilets in the building near the spectator area. There are no changing tents.

Race Start Times

To allow the runners to spread out we are splitting up the events into the following waves. This is important for safety, to ensure runners are well spread out on the tricky sections of the course. It is also very important for our results, which are recorded and posted live to our website by magic, but you do need to start in the correct wave for this to work.



Below are suggested times to register, the race briefing and start times.
Registration/Number Collection for a particular wave remains open until it starts, these are just suggestions to allow time to drop off a bag, go to the loo, etc in good time.

This is the Final Schedule

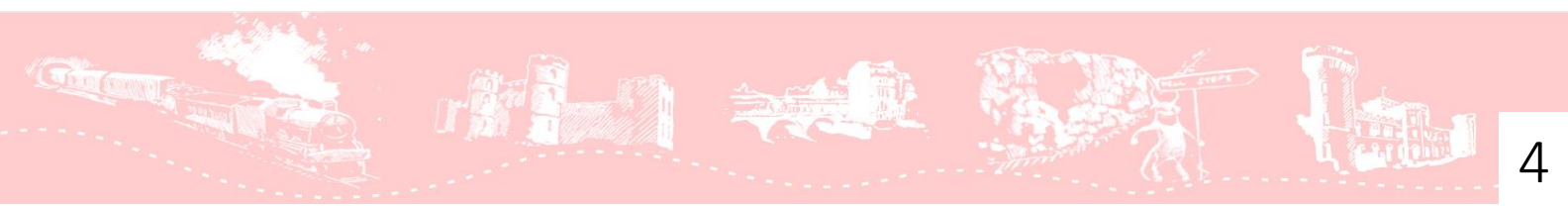
Race Wave	Number Collection	Briefing	Start
8hr Solo, 12hr Solo and 12hr Relay	From 08:00	08:50	09:00
Trail (Half, 8 Mile, 4 Mile)	From 09:15	10:00	10:15
Steeplechase OCR (8 mile, 4 mile)	From 08:50	10:00	10:15
Canicross (8 mile, 4 mile)	From 14:30	15:20	From 15:30
Night (8 mile, 4 mile)	From 18:00	18:50	19:00

Backyard Race Start Times

All runners; solo and relay runners, start together at 09:00

Backyard Rules

- The course is 4.167 miles in length. Solo Runners must complete the full route marked lap within 60mins to proceed to the next lap.
- Relay runners must have a head / chest torch on them for laps starting from 17:15 onwards. Solo runner must have a head torch or chest torch on them from 18:00
- The Starting Corral for the Solo Runners will remain the same size throughout the event
- For the Solo Runners each lap starts precisely 1hr after the last. 3mins, 2mins and 1min warnings prior to the start will be given, though runners are solely responsible for being ready to start on time. All runners must start on time, no late stars.
- If a Solo runner does not complete a lap within an hour then they are withdrawn from the event.
- There are no winners for the 8hr Solo or 12hr Solo Backyard races, the full distance is either achieved or not. There are no prizes for the quickest cumulative time or fastest final lap.
- Relay runners have the choice to sync their laps with the Solo runners or they can run laps as frequently as they wish, as well as taking breaks between laps when there is no active runner on the course. As such Relay Runners can not be timed out.

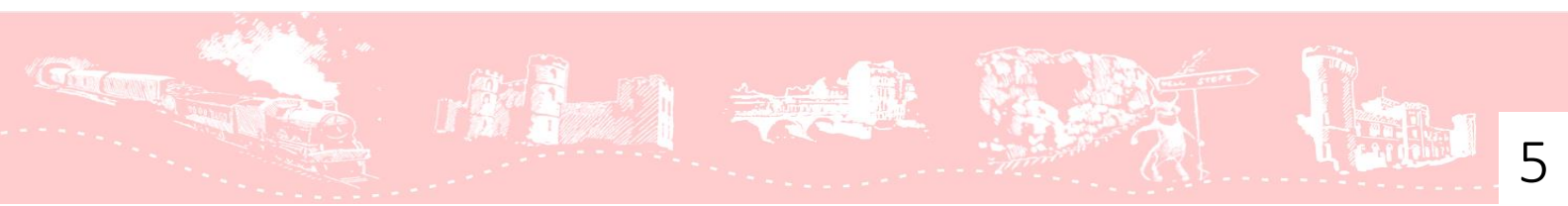


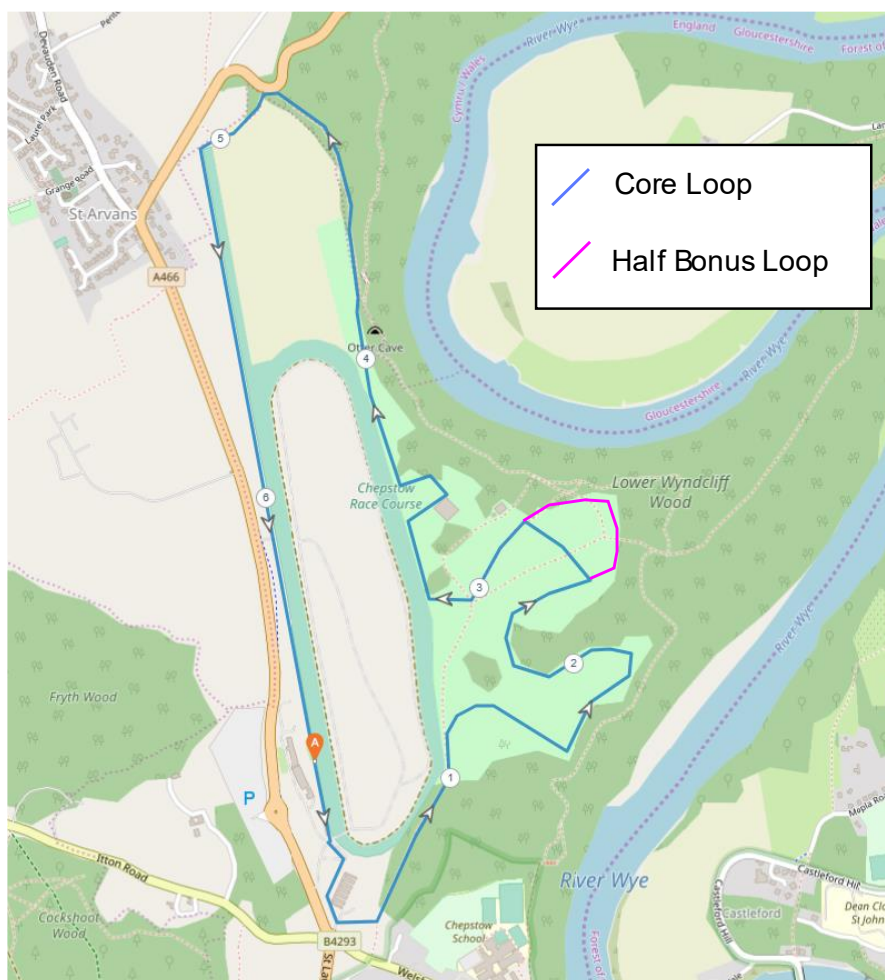
- Only full laps completed by Relay Runners count towards their total, as such the latest a lap can be started is 20:30.
- There is a prize for the most laps completed in each of the relay categories; Pair, Small Team (3-4 runners), Medium Team (5-6 runners), Large Team (7-8 runners)

Course Markings

Our courses are marked with the usual bright run route multi directional arrows. They are used for turns and periodically along straight ahead sections. The route is a little intricate, so don't be surprised when you see other runners going in an opposite direction close by.

Most the of the route is marked with the red way marking flags





Course Description

All the routes make their way around the obstacle courses positioned around Piercefield Park, if you are taking part in the OCR race then make your way over / under the obstacles as you go. If your event doesn't have obstacles (Backyard, Relay, Trail, OCR, Night) then you run to the side the obstacle and pick up the course markings right after the obstacle.

The Backyard and Relay course is held on a 4.167 Mile lap

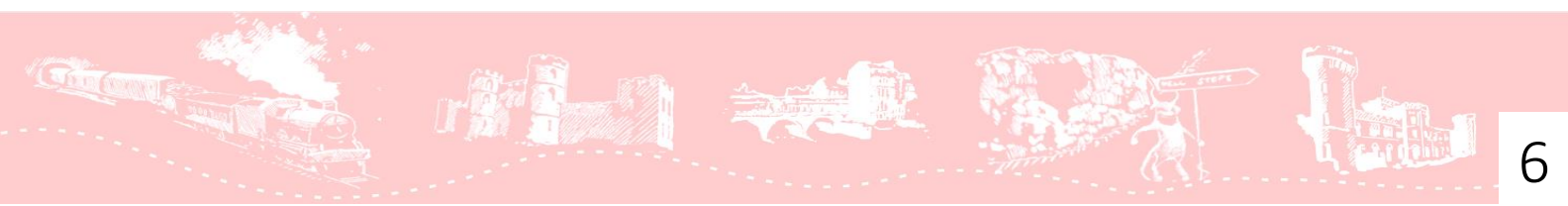
The 4 Mile Trail, OCR, Canicross and Night race is a single 4.167 Mile lap (same course as the Backyard & Relay)

The 8 Mile Trail, OCR, Canicross and Night race is two laps of the 4.167 Mile course used by the Backyard & Relay

The Half Marathon is 3 laps of the shared 4.167 Mile (6.7km) course, with a bonus 350m mid lap where runners will complete an extra section during each lap to bring you in to the finish at 21.1km

Lap Point

If you are running the Backyard or Relay, then follow the signs Right for the Finish as you complete each lap (even if you are running two laps consecutively as a Relay Runner).





If you are running the 8 Mile (2 lap) or Half Marathon (3 lap), then stick to the left hand side at the split point to bypass the Finish area, you will pass a drinks station at this point, and rejoin the course at the start line.

Event Timing

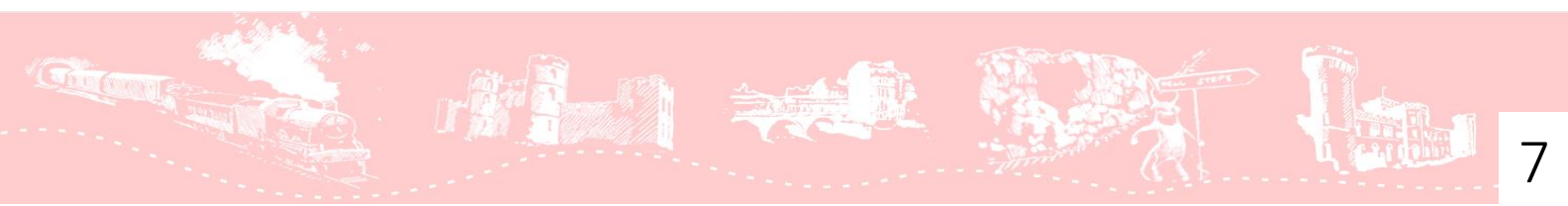
Please have your race number clearly visible on your outer layer at all times. Our timing system is manual and we need to be able to clearly see your race number when you cross the lap timing point so we can record your completion of the lap and be ready for the start of the following lap.

Lap Snacks

The race will provide our usual buffet of treats for runner to grab between laps. There will be water, hi5 energy drink and coke towards the end of the run. There will be savoury snacks; sausage rolls, crisps, twiglets (vegan), falafel (vegan). There will also be a range of sweet snacks; haribo, tribe bars and flapjacks (vegan, GF), oranges and bananas.

Refreshments

There will be a coffee van on site for hot drinks between 08:00 and 13:00 only. There are no on site catering, aside from our buffet of snacks to keep runners going between laps and post race.



Finish & Medals

Please make sure your race number is clearly visible to the timing team as you cross the line. We have finishers medals for everyone who has taken part, these are awarded in the marquee where you collected your number.

We will have our usual buffet of tasty treats for everyone to enjoy at the finish.

50 Miles	62.5 Miles	75 Miles
Bronze Ribbon	Silver Ribbon	Gold Ribbon
10	15	18

Relay racers will be awarded different colour ribbons based on the number of laps they complete.

Results

Results will be online around 1hour after the final finisher of each race and posted on our website [here](#).

