

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
6205	Jess	Acklam	Female	Female (20-39)			10km	10km Wave 3	Event Wave 7	11:40
6114	Mark	Acklam	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40
530	Beth	Adams	Female	Female (20-39)	Abbey Runners		10km	10km Wave 2	Event Wave 5	11:20
76	Kat	Ainge	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
501	Fiona	Aldridge	Female	Female (60-69)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
82	Shereen	Allaway	Female	Female (20-39)	Groupfit gloucester		10km	10km Wave 1	Event Wave 3	11:00
83	Ellie	Amos	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
531	Gemma	Anderson	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
9	Jamie	Andrew	Male	Male (20-39)	Bloor Homes	Bloor Homes	10km	10km Wave 1	Event Wave 3	11:00
86	Sharon	Andrews-jones	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
89	Selena	Ashkboos	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
11	Mike	Atkins	Male	Male (20-39)	Bloor Homes	Bloor Homes	10km	10km Wave 1	Event Wave 3	11:00
24	Rob	Austen	Male	Male (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
31	Alex	Austen	Male	Junior Male (U20)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
33	Josh	Austen	Male	Junior Male (U20)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
532	Isabel	Aylward	Female	Female (40-49)			10km	10km Wave 2	Event Wave 5	11:20
90	Lawrie	BaberScovell	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
6187	Lukas	Badzo	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
34	Simon	Baker	Male	Male (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
533	Victoria	Band	Female	Female (50-59)	Ledbury		10km	10km Wave 2	Event Wave 5	11:20
12	Robert	Bannister	Male	Male (20-39)	Bloor Homes	Bloor Homes	10km	10km Wave 1	Event Wave 3	11:00
91	Ernesta	Barakauskaite	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
6196	Nik	Barber	Male	Male (40-49)			10km	10km Wave 3	Event Wave 7	11:40
49	Christina	Barrington	Female	Female (20-39)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
95	Charlotte	Beamish	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
534	Chloe	Beard	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
6004	Katie	Bellaris	Female	Female (40-49)	Megan Baker	Megan Baker	10km	10km Wave 3	Event Wave 7	11:40
97	Ella	Benjamin	Female	Junior Female (U20)			10km	10km Wave 1	Event Wave 3	11:00

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
6266	Alan	Bennion	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40
505	Bally	Bhandal	Female	Female (60-69)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
59	Bryan	Billingham	Male	Male (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
6299	Joanne	Birch	Female	Female (40-49)			10km	10km Wave 3	Event Wave 7	11:40
535	Esme	Black	Female	Female (20-39)	Hednesford Running Club		10km	10km Wave 2	Event Wave 5	11:20
6254	Catherine	Blackaby	Female	Female (50-59)			10km	10km Wave 3	Event Wave 7	11:40
536	Alison	Blackmore	Female	Female (40-49)			10km	10km Wave 2	Event Wave 5	11:20
537	Erin	Blackmore	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
538	Freya	Blackmore	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
620	Alex	Borley	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
98	Sarah	Bowkett	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
99	Stewart	Brasenell	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
100	Tara	Brittain	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
6107	Richard	Brown	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40
101	Ed	Bunnett	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
621	Sally	Burford	Female	Female (50-59)	Abbey Runners		10km	10km Wave 2	Event Wave 5	11:20
67	Ian	Butler	Male	Male (20-39)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
627	TERRY WAYN	CALDER	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
102	Paul	Caldwell	Male	Male (40-49)	HVSC		10km	10km Wave 1	Event Wave 3	11:00
628	Jake	Carmichael	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
629	Jacob	Cartwright	Male	Male (20-39)	Hednesford Running Club		10km	10km Wave 2	Event Wave 5	11:20
103	Ceri	Chaplin	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
104	David	Chilcott	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
630	Michelle	Churchill	Female	Female (50-59)			10km	10km Wave 2	Event Wave 5	11:20
105	Isabella	Clark	Female	Junior Female (U20)			10km	10km Wave 1	Event Wave 3	11:00
6305	Jess	Clark	Female	Female (40-49)	Slinn Allstars		10km	10km Wave 3	Event Wave 7	11:40
6321	Leanna	Clarke	Female	Female (20-39)			10km	10km Wave 4	Event Wave 7	11:40
176	Adrian	Clay	Male	Male (60-69)			10km	10km Wave 1	Event Wave 3	11:00

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
633	Daisy	Coe	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
636	ALISON	COGHILL	Female	Female (60-69)			10km	10km Wave 2	Event Wave 5	11:20
177	Becky	Collins	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
638	BEN	COLLINS	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
6201	Tracey	Collinson	Female	Female (40-49)			10km	10km Wave 3	Event Wave 7	11:40
179	Mary-Anne	Constable	Female	Female (20-39)	Sole run club		10km	10km Wave 1	Event Wave 3	11:00
178	James	Constable	Male	Male (20-39)	Sole run club		10km	10km Wave 1	Event Wave 3	11:00
642	Dan	Cook	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
180	Laura	Cooke	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
181	Ben	Cooley	Male	Male (60-69)	HVSC		10km	10km Wave 1	Event Wave 3	11:00
522	Hayley-jo	Cooper	Female	Female (20-39)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
509	Daniel	Cooper	Male	Male (20-39)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
182	Carole	Cresswell	Female	Female (50-59)			10km	10km Wave 1	Event Wave 3	11:00
183	Jodie	Criddle	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
184	Jamie	Cronin	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
649	Richard	Crook	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
6195	Skye	Cross	Female	Female (20-39)			10km	10km Wave 3	Event Wave 7	11:40
6207	Debbie	Curtis	Female	Female (40-49)			10km	10km Wave 3	Event Wave 7	11:40
185	Nick	Dangerfield	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
186	Cerys	Danks	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
187	Amy	Davies	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
188	Tom	Davies	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
189	Robert	Davies	Male	Male (50-59)	Lliswerry Runners		10km	10km Wave 1	Event Wave 3	11:00
68	Bethan	Davies	Female	Female (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
656	Martin	Davis	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
190	CHARLES	DAWSON	Male	Male (70+)			10km	10km Wave 1	Event Wave 3	11:00
662	Dylan	Day	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
666	Kyle	Day	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
667	Archie	Day-Saunders	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 5	11:20
191	Michael	Deboo	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
672	David	Dee	Male	Male (60-69)			10km	10km Wave 2	Event Wave 5	11:20
675	Hannah	Densley	Female	Female (40-49)			10km	10km Wave 2	Event Wave 5	11:20
6304	Jacy	Dickerson	Female	Female (60-69)	Boot Camp Specials		10km	10km Wave 3	Event Wave 7	11:40
678	Stephanie	Dobbs	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
677	Anita	Dobbs	Female	Female (50-59)			10km	10km Wave 2	Event Wave 5	11:20
680	Josh	Draper	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
192	Jamie	Driver	Male	Male (40-49)	HMG		10km	10km Wave 1	Event Wave 3	11:00
687	Andrew	Duddell	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
688	Paul	Edwards	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
690	Jack	Edwards	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
691	Philip	Emsley	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
193	Jeremy	Evans	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
692	Laura	Faulkner	Female	Female (20-39)	Abbey runners		10km	10km Wave 2	Event Wave 5	11:20
194	Lara	Fieldhouse	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
195	Sam	Fillis	Female	Female (50-59)	Forest fitness		10km	10km Wave 1	Event Wave 3	11:00
735	Amy	Fisher	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
693	Claire	Fisher	Female	Female (40-49)			10km	10km Wave 2	Event Wave 5	11:20
698	John	Fisher	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
694	Hannah	Fisher	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
765	Matthew	Fletcher	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
6312	Jason	Forristal	Male	Male (50-59)	Run Forristals Run		10km	10km Wave 4	Event Wave 7	11:40
6313	Kristy	Forristal	Female	Female (50-59)	Run Forristals Run		10km	10km Wave 4	Event Wave 7	11:40
196	Lauren	Fortey	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
197	Ryan	Fortey	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
796	CAROLINE	FREEMAN	Female	Female (60-69)			10km	10km Wave 2	Event Wave 5	11:20
6280	Graham	Frost	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
797	Shaye	Fuller	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 5	11:20
6319	Josh	Gethin	Male	Male (20-39)			10km	10km Wave 4	Event Wave 7	11:40
6325	Mark	Gethin	Male	Male (50-59)			10km	10km Wave 4	Event Wave 7	11:40
198	Keith	Gill	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
199	ADRIAN	GITTENS	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
812	Claire	Goble	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
200	Deborah	Godby	Female	Female (50-59)			10km	10km Wave 1	Event Wave 3	11:00
813	Tony	Grandon	Male	Male (70+)			10km	10km Wave 2	Event Wave 5	11:20
6354	Stuart	Greenwood	Male	Male (50-59)	Redditch Stars		10km	10km Wave 4	Event Wave 7	11:40
6353	Emma	Greenwood	Female	Female (40-49)	Redditch Stars		10km	10km Wave 4	Event Wave 7	11:40
201	Austin	Guest	Male	Junior Male (U20)	HVSC		10km	10km Wave 1	Event Wave 3	11:00
202	Paul	Guest	Male	Male (40-49)	HVSC		10km	10km Wave 1	Event Wave 3	11:00
203	Cat	Gunning	Female	Female (40-49)	RunNewport		10km	10km Wave 1	Event Wave 3	11:00
69	Natalia	Gwatkin	Female	Female (20-39)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
6311	Shelley	Gwilliam	Female	Female (50-59)			10km	10km Wave 4	Event Wave 7	11:40
523	Lyndsey	Gymer	Female	Female (40-49)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
204	Julie	Hadley	Female	Female (50-59)			10km	10km Wave 1	Event Wave 3	11:00
205	Hannah	Hall	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
206	Rhys	Hardwick	Male	Male (40-49)	Hereford Medical Group		10km	10km Wave 1	Event Wave 3	11:00
207	Jack	Hardwick	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
208	Sarah	Harris	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
818	Amanda	Hartshorn	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
527	Marie	Haselden	Female	Female (60-69)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
819	Rick	Haslam	Male	Male (40-49)	Abbey Runners		10km	10km Wave 2	Event Wave 5	11:20
209	Seb	Hayward	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
528	Harrison	Heath	Male	Junior Male (U20)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
210	Kim	Heathcote	Female	Female (50-59)	Hereford Mudical Group		10km	10km Wave 1	Event Wave 3	11:00
211	Ralph	Heaven-Richa	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
820	Amy	Hemming	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
821	Nick	Henry	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
212	Claire	Hollingsworth	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
213	Jade	House	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
6214	Matt	Hughes	Male	Male (40-49)			10km	10km Wave 3	Event Wave 7	11:40
214	Tiff	Hunt	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
215	Mark	Husbands	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
822	Craig	Hussell	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
216	Guy	Jenkins	Male	Male (60-69)	Hereford Couriers		10km	10km Wave 1	Event Wave 3	11:00
70	Wesley	Jones	Male	Male (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
221	Ellie	Jones	Female	Female (20-39)	Lliswerry Runners		10km	10km Wave 1	Event Wave 3	11:00
217	Michael	Jones	Male	Male (50-59)	Hereford couriers		10km	10km Wave 1	Event Wave 3	11:00
219	Tristan	Jones	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
220	Michael	Jones	Male	Male (50-59)	Hereford couriers		10km	10km Wave 1	Event Wave 3	11:00
6277	Chris	Jones	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
218	Nicola	Jones	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
6247	Beverly	Jones	Female	Female (60-69)			10km	10km Wave 3	Event Wave 7	11:40
6361	Easter	Joy	Male	Male (20-39)			10km	10km Wave 4	Event Wave 7	11:40
222	Jake	Julian	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
823	David	Kelly	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
824	Jasmin	Knight	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
71	Jo	Knight	Female	Female (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
825	Jo	Knight	Female	Female (40-49)			10km	10km Wave 2	Event Wave 5	11:20
223	Lulu	Kocan	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
826	Jamie	Lambert	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
827	Eliot	Langfield	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
224	Dan	Layton	Male	Male (20-39)	Deer park Massive		10km	10km Wave 1	Event Wave 3	11:00
828	Kevin	Lewis	Male	Male (50-59)	Bridlington Road Runners		10km	10km Wave 2	Event Wave 5	11:20

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
829	Tony	Lewis	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
225	Anna	Lewis	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
226	Kelly	Lorraine-France	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
6281	Daniel	Loughlin	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
830	Ethan	Mainwaring-Ta	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
227	Elizabeth	Martin	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
6318	Joseph	Mason	Male	Male (40-49)			10km	10km Wave 4	Event Wave 7	11:40
831	Isabella	Maughan	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
833	Tim	McGill	Male	Male (60-69)	Abbey Runners		10km	10km Wave 2	Event Wave 5	11:20
832	Anne	McGill	Female	Female (60-69)			10km	10km Wave 2	Event Wave 5	11:20
228	Ian	McKnight	Male	Male (60-69)			10km	10km Wave 1	Event Wave 3	11:00
6241	Genevieve	Merrefield	Female	Female (50-59)			10km	10km Wave 3	Event Wave 7	11:40
229	Ella	Millington	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
230	Andy	Mills	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
231	Joseph	Mills	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
232	Lynette	Mills	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
233	Lydia	Mills	Female	Junior Female (U20)			10km	10km Wave 1	Event Wave 3	11:00
234	Owen	Monk	Male	Junior Male (U20)	Caldicot Running Club		10km	10km Wave 1	Event Wave 3	11:00
235	Russell	Monk	Male	Male (50-59)	Caldicot Running Club		10km	10km Wave 1	Event Wave 3	11:00
236	Robert	Morgan	Male	Male (50-59)			10km	10km Wave 1	Event Wave 3	11:00
237	Sarah	Morgan-Jones	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
834	Scott	Morrall	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
6224	Clare	Moscrop	Female	Female (20-39)			10km	10km Wave 3	Event Wave 7	11:40
6226	Hannah	Moscrop	Female	Female (20-39)			10km	10km Wave 3	Event Wave 7	11:40
835	Mick	Murphy	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
836	Sarah	Newman	Female	Female (50-59)			10km	10km Wave 2	Event Wave 5	11:20
238	Mitchell	Nicholas	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
239	Annie	Oliver	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
838	Alan	Parkinson	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
837	Dave	Parkinson	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
6184	Rowan	Parry	Female	Female (20-39)			10km	10km Wave 3	Event Wave 7	11:40
6170	Julian	Parry	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40
839	Helen	Pemberton	Female	Female (50-59)			10km	10km Wave 2	Event Wave 5	11:20
240	Sara-Jane	Perera	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
840	Ethan	Phillips	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 5	11:20
841	Scott	Phillips	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
241	Aaron	Phillips	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
842	Conall	Platts	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
242	Kevin	Pritchard	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
6244	Oliver	Quaddy	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
843	Jemimah	Richardson	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
243	Claire	Riches	Female	Female (40-49)	Forest Fitness		10km	10km Wave 1	Event Wave 3	11:00
244	Alix	Ritson	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
844	Andrew	Roberts	Male	Male (40-49)	Abbey Runners		10km	10km Wave 2	Event Wave 5	11:20
72	Toni-Leigh	Rocke	Female	Female (20-39)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
845	Emily	Rogers	Female	Female (20-39)	HRC Hednesford running club		10km	10km Wave 2	Event Wave 5	11:20
6364	Owen	Rogers	Male	Male (20-39)			10km	10km Wave 4	Event Wave 7	11:40
846	Angharad	Rose	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
847	Alex	Round	Male	Male (20-39)	HRC Hednesford running club		10km	10km Wave 2	Event Wave 5	11:20
848	Samantha	Ryland	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
6291	Tony	Saunders	Male	Male (60-69)			10km	10km Wave 3	Event Wave 7	11:40
245	Sam	Scholefield	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
849	Rebecca	Schwab	Female	Female (20-39)			10km	10km Wave 2	Event Wave 5	11:20
6236	Abi	Sellick	Female	Female (40-49)			10km	10km Wave 3	Event Wave 7	11:40
246	Erica	Sibley	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
6302	Saqib	Siddiqui	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
851	Sarita	Smith	Female	Female (20-39)	Cucumber Mums		10km	10km Wave 2	Event Wave 5	11:20
850	James	Smith	Male	Male (50-59)			10km	10km Wave 2	Event Wave 5	11:20
529	Amy	Smith	Female	Female (40-49)	Coopers Troop	Coopers Troop	10km	10km Wave 2	Event Wave 5	11:20
73	Lorna	Speakman	Female	Female (20-39)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
247	Darren	Standham	Male	Male (20-39)	Deer park massive		10km	10km Wave 1	Event Wave 3	11:00
852	Emma	Steele	Female	Female (50-59)			10km	10km Wave 2	Event Wave 5	11:20
248	John	Stevenson	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
853	Matt	Tally	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
249	Thomas	Taylor	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
74	Lowri	Thomas	Female	Female (20-39)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00
250	Molly	Thomas	Female	Female (20-39)	GroupFit		10km	10km Wave 1	Event Wave 3	11:00
6308	David	Thompson	Male	Male (40-49)	Tetbury Dolphins running club		10km	10km Wave 4	Event Wave 7	11:40
854	Louis	Tiley	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
252	Janet	Tippett	Female	Female (50-59)			10km	10km Wave 1	Event Wave 3	11:00
6186	Erik	Tokar	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
6190	Matus	Tokar	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
855	Andy	Tripp	Male	Male (40-49)			10km	10km Wave 2	Event Wave 5	11:20
6218	Darran	Tucker	Male	Male (50-59)			10km	10km Wave 3	Event Wave 7	11:40
270	Jacqui	Tudhope	Female	Female (50-59)	Lliswerry Runners		10km	10km Wave 1	Event Wave 3	11:00
856	Guy	Turner	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 5	11:20
858	Owen	Wake	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
857	Honor	Wake	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 5	11:20
427	Dave	Walton	Male	Male (60-69)			10km	10km Wave 1	Event Wave 3	11:00
859	Carl	Waters	Male	Male (20-39)			10km	10km Wave 2	Event Wave 5	11:20
429	Lisa	Watts	Female	Female (40-49)			10km	10km Wave 1	Event Wave 3	11:00
860	Fran	Webster	Female	Female (20-39)	Cucumber Mums		10km	10km Wave 2	Event Wave 5	11:20
6231	Jack	Webster	Male	Male (20-39)			10km	10km Wave 3	Event Wave 7	11:40
6342	Jenny	Welch	Female	Female (20-39)			10km	10km Wave 4	Event Wave 7	11:40

Bib	First Name	Last Name	Gender	Category	Team	Group Bookin	Distance	Race Wave	Event Wave	Start Time
6352	Luke	Welch	Male	Male (20-39)			10km	10km Wave 4	Event Wave 7	11:40
434	Lynsey	Wells	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
861	Gerry	West	Male	Male (60-69)	Gerald		10km	10km Wave 2	Event Wave 5	11:20
435	Claire	White	Female	Female (50-59)			10km	10km Wave 1	Event Wave 3	11:00
441	Richard	Whitehead	Male	Male (40-49)			10km	10km Wave 1	Event Wave 3	11:00
442	Natalie	Wilce	Female	Female (20-39)			10km	10km Wave 1	Event Wave 3	11:00
446	Luke	Williams	Male	Male (40-49)	Hereford Couriers		10km	10km Wave 1	Event Wave 3	11:00
448	Adam	Woodward	Male	Male (20-39)			10km	10km Wave 1	Event Wave 3	11:00
6310	Julie	Wright	Female	Female (50-59)			10km	10km Wave 4	Event Wave 7	11:40
14	Ben	Zaltowski	Male	Male (20-39)	Bloor Homes	Bloor Homes	10km	10km Wave 1	Event Wave 3	11:00
75	Nerijus	Zukauskas	Male	Male (40-49)		Toni Rocke	10km	10km Wave 1	Event Wave 3	11:00