Cheddar 2022 Start Lists.xlsx Sunday 10km - ALL RUNNERS

Bib	Name	Gender	Category	Distance	Start Time	Event Wave	Race Wave	Team
7686	Niall Creaney	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
7698	Abbie Rees	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
7647	Adam Butler	Male	Male (20-39)	10km	11:20	Wave 10	Wave 2	
177	Alex Dome	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
201	Alex Hamilton	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	Burnham-on-Sea Harriers
7692	Alice Kenneth	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
141	Allan Britton	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	
7724	Amy Bridges	Female	Female (40-49)	10km	11:20	Wave 10	Wave 4	
7691	Amy Jones	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
2	Andrew Adams	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
230	Andy Sharp	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	
312	Andy Watson	Male	Male (50-59)	10km	11:10	Wave 9	Wave 1	
7670	Anthony Mullinde	Male	Male (20-39)	10km	11:20	Wave 10	Wave 2	
217	Arjen Olive	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	Imperial College Cross Country
7738	Barry Woods	Male	Male (50-59)	10km	11:20	Wave 10	Wave 4	Somer AC
7653	Becky Case	Female	Female (40-49)	10km	11:20	Wave 10	Wave 2	Shepton shufflers
7730	Ben Ormsby	Male	Male (20-39)	10km	11:20	Wave 10	Wave 4	
7701	Ben Rostand	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
7676	Buffy Solomon	Female	Female (40-49)	10km	11:20	Wave 10	Wave 2	
7683	Caroline Craddock	Female	Female (60-69)	10km	11:20	Wave 10	Wave 3	
212	Carolynne Knowl	Female	Female (40-49)	10km	11:10	Wave 9	Wave 1	
214	Charlie Lindsay	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
223	Charlotte Rotherd	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	
147	Chloe Brown	Female	Female (40-49)	10km	11:10	Wave 9	Wave 1	
7707	Chris Watkins	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
215	Clara Mumford-Tu		Female (20-39)	10km	11:10	Wave 9	Wave 1	
7671	Clare O'Roarty	Female	Female (40-49)	10km	11:20	Wave 10	Wave 2	
7655	David Hamer	Male	Male (20-39)	10km	11:20	Wave 10	Wave 2	Clifton Running Club
7705	David Tanner	Male	Male (40-49)	10km	11:20	Wave 10	Wave 3	
7668	Dee Lewis	Female	Female (60-69)	10km	11:20	Wave 10	Wave 2	Dorchester Riot
203	Drew Holloway	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	Avon Valley Runners
7702	Elinor Scanlon	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
190	Elspeth Duncan	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	
7656	Fern Heryet	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	

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3	Geoff Astle	Male	Male (50-59)	10km	11:10	Wave 9	Wave 1	
300	GRAHAM STEELE	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	
7706	Hannah Taylor	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
216	Harry Mumford-T	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	London City Runners
7689	helen hooper	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
222	James Redman	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	PAC TRi
7682	Jamie Franco Cipr	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
7659	Jamie Hicks	Male	Male (20-39)	10km	11:20	Wave 10	Wave 2	
7694	Jason Long	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
7696	Jenna Norton	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
7688	Jenny Heath	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
8	Jessica Belcher	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	
304	Joanna Turchet	Female	Female (50-59)	10km	11:10	Wave 9	Wave 1	
7679	Josh Bannister	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
13	Kalea Booth	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	Imperial College Cross Country
198	Kalina Forbes	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	
313	katie wonham	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	
7673	Kitti Randall	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	
7695	Laura Nesbitt	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
7654	Lindsay Fussell	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	
202	Louisa Hazell	Female	Female (40-49)	10km	11:10	Wave 9	Wave 1	
309	Martin Turner	Male	Male (60-69)	10km	11:10	Wave 9	Wave 1	
145	Matthew Brown	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	
7712	Meriel Ashurst	Female	Female (50-59)	10km	11:20	Wave 10	Wave 4	
7	Michael Bacon	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
7685	mike Craddock	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
7737	Mike Smith	Male	Male (50-59)	10km	11:20	Wave 10	Wave 4	
7728	Nicholas Howes	Male	Male (40-49)	10km	11:20	Wave 10	Wave 4	
7740	Nick Jennings	Male	Male (40-49)	10km	11:20	Wave 10	Wave 6	
7664	Nicola Howard	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	
7704	Nicola Tanner	Female	Female (40-49)	10km	11:20	Wave 10	Wave 3	
7693	Patsy Lamb	Female	Female (40-49)	10km	11:20	Wave 10	Wave 3	
7731	Paul Smith	Male	Male (50-59)	10km	11:20	Wave 10	Wave 4	No Excuses
303	Paul Thomlinson	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	SALISBURY Tri Club
206	Pawel Jasnos	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	

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470	D . D		14 1 (50 50)	401	44.40		144 4	
179	Peter Doughty	Male	Male (50-59)	10km	11:10	Wave 9	Wave 1	
7703	Peter Stormonth	Male	Male (40-49)	10km	11:20	Wave 10	Wave 3	
7684	Phil Craddock	Male	Male (60-69)	10km	11:20	Wave 10	Wave 3	
229	Philippa Saunders	Female	Female (20-39)	10km	11:10	Wave 9	Wave 1	Imperial College Cross Country
7677	Rachel Walters	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	
7681	Richard Butler	Male	Male (50-59)	10km	11:20	Wave 10	Wave 3	
297	Robert Steel	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
7680	Roseanne Blake	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
211	Ross Jones	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	
7666	Sam Ingram	Female	Female (40-49)	10km	11:20	Wave 10	Wave 2	Shepton Shufflers Running Cluk
7669	Samantha Mercer	Female	Female (50-59)	10km	11:20	Wave 10	Wave 2	Dorchester RIOT
7690	Samuel Humphris	Male	Male (20-39)	10km	11:20	Wave 10	Wave 3	
7672	Sarah Pitt	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	
290	Sarah Smallbone	Female	Female (50-59)	10km	11:10	Wave 9	Wave 1	Frome Running Club
7678	Sarah Withers	Female	Female (40-49)	10km	11:20	Wave 10	Wave 2	Shepton Shufflers
148	Sean Carrivick	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
7699	Sharlene Rendle	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
7674	Simon Rowe	Male	Male (40-49)	10km	11:20	Wave 10	Wave 2	
197	simon dunk	Male	Male (70+)	10km	11:10	Wave 9	Wave 1	
210	Simon Jones	Male	Male (40-49)	10km	11:10	Wave 9	Wave 1	Clifton Running Club
7687	Sophie Denning	Female	Female (20-39)	10km	11:20	Wave 10	Wave 3	
219	Stephen Pembert	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
7667	Stevan James	Male	Male (60-69)	10km	11:20	Wave 10	Wave 2	
7660	Steve Hilton	Male	Male (50-59)	10km	11:20	Wave 10	Wave 2	
204	Sulayman Hussain	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	Imperial College Cross Country
7697	Tanya Pike	Female	Female (40-49)	10km	11:20	Wave 10	Wave 3	
7645	Tom Baker	Male	Male (20-39)	10km	11:20	Wave 10	Wave 2	
218	Tom Peatman	Male	Male (20-39)	10km	11:10	Wave 9	Wave 1	
213	Trina Leskiw	Female	Female (40-49)	10km	11:10	Wave 9	Wave 1	
7675	Victoria Shortland	Female	Female (20-39)	10km	11:20	Wave 10	Wave 2	