

| Position | 5km | Name (First) | Name (Last) | Race Category | Category Position | Time (h:mm:ss) | UKA Affiliated Club |
|----------|-----|--------------|-------------|----------------|-------------------|----------------|---------------------|
| 1 | 508 | Daisy | Smith | Female (U20) | 1 | 0:24:29 | |
| 2 | 519 | Raymond | Summerfield | Male (60+) | 1 | 0:24:40 | |
| 3 | 598 | Katie | Ackland | Female (U20) | 2 | 0:28:20 | |
| 4 | 518 | max | hewstone | Male (U20) | 1 | 0:28:25 | |
| 5 | 579 | Benji | Thomas | Male (U20) | 2 | 0:28:25 | |
| 6 | 584 | Sally | Gunn | Male (U20) | 3 | 0:28:25 | |
| 7 | 575 | Katelyn | Wells | Female (U20) | 3 | 0:28:27 | Exeter Harriers |
| 8 | 594 | Amy | Watkinson | Female (U20) | 4 | 0:28:27 | |
| 9 | 590 | Matthew | Goodwin | Male (U20) | 4 | 0:28:50 | |
| 10 | 585 | Sophie | Grimm | Female (U20) | 5 | 0:30:59 | |
| 11 | 524 | sue | warman | Female (40-49) | 1 | 0:31:25 | |
| 12 | 593 | Mark | Gunn | Male (40-49) | 1 | 0:31:28 | |
| 13 | 501 | alice | hewstone | Female (U20) | 6 | 0:31:29 | |
| 14 | 520 | Rosie | Smith | Female (U20) | 7 | 0:31:29 | |
| 15 | 514 | Janet | Foster | Female (50-59) | 1 | 0:31:40 | |
| 16 | 511 | Eric | Foster | Male (50-59) | 1 | 0:31:41 | |
| 17 | 595 | Morgan | Watkinson | Male (U20) | 5 | 0:32:49 | |
| 18 | 504 | Belinda | Wilson | Female (50-59) | 2 | 0:32:54 | Weston AC |
| 19 | 588 | Nathan | Doel | Male (U20) | 6 | 0:32:57 | |
| 20 | 583 | Heather | Brown | Female (U20) | 8 | 0:34:03 | |
| 21 | 592 | Janet | Pallanca | Female (50-59) | 3 | 0:34:05 | SWRR |
| 22 | 580 | Suzy | Murphy | Female (40-49) | 2 | 0:34:10 | |
| 23 | 589 | Neville | Mupstone | Male (20-39) | 1 | 0:34:39 | |
| 24 | 512 | Ethan | Snell | Male (U20) | 7 | 0:36:02 | |
| 25 | 591 | Gemma | Baton | Female (20-39) | 1 | 0:37:02 | |
| 26 | 12 | Ann | Bindon | Female (50-59) | 4 | 0:37:30 | |
| 27 | 582 | Isla | Murphy | Female (U20) | 9 | 0:38:13 | |
| 28 | 525 | suzanne | reed | Female (40-49) | 3 | 0:38:34 | |
| 29 | 516 | Joel | Yates | Male (U20) | 8 | 0:39:03 | |
| 30 | 521 | Sara | Gledhill | Female (40-49) | 4 | 0:39:39 | |
| 31 | 587 | Freya | Cartwright | Female (U20) | 10 | 0:39:39 | |
| 32 | 586 | Mark | Cartwright | Male (50-59) | 2 | 0:39:39 | |
| 33 | 581 | Ellen | Murphy | Female (U20) | 11 | 0:40:00 | |
| 34 | 578 | Peter | Thomas | Male (40-49) | 2 | 0:40:00 | |
| 35 | 599 | Mark | Blomfield | Male (40-49) | 3 | 0:41:23 | |
| 36 | 517 | Kate | Butler | Female (U20) | 12 | 0:41:35 | |
| 37 | 505 | Billy | Pearce | Male (U20) | 9 | 0:41:50 | |
| 38 | 507 | Catherine | Palmer | Female (20-39) | 2 | 0:42:00 | |
| 39 | 596 | Claire | Flynn | Female (40-49) | 5 | 0:42:20 | |
| 40 | 597 | Kay | Keedwell | Female (40-49) | 6 | 0:42:20 | |