

Position	10km	Name (First)	Name (Last)	Race Category	Category Position	Time (h:mm:ss)	UKA Affiliated Club
1	158	Tom	Bland	Male (20-39)	1	0:40:20	Axe Valley Runners
2	69	Ian	Pang	Male (40-49)	1	0:41:49	South West Road Runners
3	211	Jason	Drew	Male (U20)	1	0:43:34	Sidmouth RC
4	157	Tom	Bates	Male (20-39)	2	0:44:39	Haldon Trail Runners
5	49	Ellie	Sutcliffe	Female (20-39)	1	0:44:45	Exmouth Harriers
6	78	Jonathan	Crook	Male (40-49)	2	0:44:48	
7	37	Darrell	Sheen	Male (20-39)	3	0:44:52	YTRRC
8	195	Nathan	White	Male (20-39)	4	0:47:00	Haldon Trail Runners
9	105	Matthew	Dominey	Male (20-39)	5	0:48:30	South West Road Runners
10	132	Robert	Joules	Male (20-39)	6	0:48:57	
11	104	Matt	Mullings	Male (20-39)	7	0:49:36	
12	155	Tim	Smith	Male (40-49)	3	0:49:37	
13	61	Greg	Lecki	Male (20-39)	8	0:49:38	
14	165	William	Jerrold	Male (20-39)	9	0:49:54	
15	103	Mark	Shaw	Male (50-59)	1	0:49:56	
16	175	Tim	Felton	Male (50-59)	2	0:50:11	Tiverton Harriers
17	194	Sarah	Bennett	Female (20-39)	2	0:50:30	New Forest Runners
18	8	Andrew	Wolstenholme	Male (20-39)	10	0:51:06	
19	156	Tom	Bornet	Male (20-39)	11	0:51:11	Honiton RC
20	154	Tim	Butler	Male (20-39)	12	0:51:16	
21	87	Kieran	Wilson	Male (U20)	2	0:52:36	
22	7	Andrew	Prior	Male (40-49)	4	0:52:43	
23	197	Stuart	Bell	Male (20-39)	13	0:52:44	
24	212	Russ	Winter	Male (40-49)	5	0:53:03	
25	65	Iain	Callander	Male (20-39)	14	0:53:23	
26	1	Adrian	Mountford	Male (40-49)	6	0:53:35	
27	99	Mark	Jones	Male (20-39)	15	0:54:13	
28	85	Keith	Edwards	Male (40-49)	7	0:54:14	
29	80	JULIE	PAYNE	Female (40-49)	1	0:54:45	
30	116	Nicki	Ashworth	Female (40-49)	2	0:54:54	SWRR
31	75	John	Craven	Male (40-49)	8	0:55:06	
32	213	Abi	Thomas	Female (U20)	1	0:55:16	
33	133	Roger	Brewer	Male (50-59)	3	0:55:17	
34	112	Neil	Hardman	Male (20-39)	16	0:55:23	
35	59	Gavin	Forbes	Male (20-39)	17	0:55:44	
36	66	Ian	Marshalsea	Male (20-39)	18	0:55:48	
37	79	Jordan	Fletcher	Male (20-39)	19	0:56:02	
38	174	Jack	Tuckett	Male (20-39)	20	0:56:03	
39	179	Joseph	Bates	Male (20-39)	21	0:56:13	
40	70	James	White	Male (20-39)	22	0:56:16	
41	106	Matthew	Hewstone	Male (40-49)	9	0:56:23	
42	192	Richard	Cooper	Male (20-39)	23	0:56:34	
43	51	Emma	Taylor	Female (20-39)	3	0:56:48	
44	357	Lucy	Savill-James	Female (20-39)	4	0:56:48	Ealing Eagles Running Club
45	102	Mark	Wilson	Male (50-59)	4	0:57:04	Weston AC
46	53	Emma	Withers	Female (40-49)	3	0:57:21	Bristol and West AC
47	14	Anthony	Ruck	Male (20-39)	24	0:57:27	
48	110	Mike	Goodwin	Male (60+)	1	0:57:43	
49	33	Colin	Capner	Male (40-49)	10	0:57:56	
50	141	Serena	Dyer	Female (20-39)	5	0:58:04	
51	191	Tona	Cruickshank	Female (50-59)	1	0:58:04	
52	145	Simon	Stone	Male (40-49)	11	0:58:17	
53	23	Catherine	Gentry	Female (40-49)	4	0:58:18	
54	64	Hylida	Stewart	Female (50-59)	2	0:58:36	Clydesdale Harriers
55	137	Sam	Thomas	Male (20-39)	25	0:58:41	
56	57	Gareth	Dow	Male (40-49)	12	0:58:56	
57	150	Steve	Manning	Male (50-59)	5	0:58:58	
58	193	Anne	Fletcher	Female (20-39)	6	0:59:35	Bristol & West AC
59	202	Nick	Thorpe	Male (50-59)	6	0:59:44	Honiton RC
60	208	Stephen	Newson	Male (20-39)	26	0:59:49	
61	74	John	Williams	Male (40-49)	13	1:00:04	
62	126	Paula	D'Souza	Female (40-49)	5	1:00:21	
63	187	Geoffrey	Smith	Male (50-59)	7	1:00:28	
64	52	Emma	Lomax	Female (20-39)	7	1:00:52	
65	121	NIGEL	DART	Male (40-49)	14	1:00:52	
66	54	Fiona	Mellenchip	Female (40-49)	6	1:01:14	
67	81	Karen	Donovan	Female (40-49)	7	1:02:04	
68	20	Candy	Capeling	Female (20-39)	8	1:02:09	
69	16	Bartek	Kolasa	Male (20-39)	27	1:02:15	
70	135	Ruth	Butler	Female (20-39)	9	1:02:55	
71	148	Stephen	Muggeridge	Male (20-39)	28	1:02:55	
72	160	Undine	Boettcher	Female (20-39)	10	1:02:59	
73	127	Philip	Tweed	Male (40-49)	15	1:02:59	
74	190	Stephen	White	Male (40-49)	16	1:03:05	
75	124	Paul	Oldfield	Male (40-49)	17	1:03:15	
76	39	Darren	Petherick	Male (40-49)	18	1:03:23	
77	170	Mark	Berry	Male (40-49)	19	1:03:42	
78	198	Carolyn	Mogford	Male (50-59)	8	1:03:46	
79	140	Sarah	Mann	Female (40-49)	8	1:03:55	
80	159	Tracy	Fulcher	Female (40-49)	9	1:04:03	
81	101	Mark	Atkins	Male (50-59)	9	1:04:12	South West Road Runners
82	196	Deborah	Willmott	Female (40-49)	10	1:04:14	
83	24	Charlotte	Watkinson	Female (20-39)	11	1:04:20	
84	29	Claire	O'Neill	Female (40-49)	11	1:04:23	Exmouth Running Belles
85	82	Katie	Dalton	Female (40-49)	12	1:04:24	
86	92	Linda	Taylor	Female (20-39)	12	1:04:36	
87	130	Rachel	Clements	Male (20-39)	29	1:04:40	

Position	10km	Name (First)	Name (Last)	Race Category	Category Position	Time (h:mm:ss)	UKA Affiliated Club
88	56	Gareth	Lewis	Male (20-39)	30	1:05:04	
89	141	Serena	Dyer	Female (20-39)	13	1:05:30	
90	129	Pippa	Walliker	Female (20-39)	14	1:05:31	
91	68	Ian	Foggon	Male (20-39)	31	1:05:31	
92	41	Dayelle	te Grotenhuis	Female (20-39)	15	1:05:36	
93	216	Elly	Mount	Female (U20)	2	1:05:38	
94	115	nick	isaac	Male (40-49)	20	1:06:31	
95	125	Paul	Sampson	Male (40-49)	21	1:06:31	
96	38	Darren	Smale	Male (40-49)	22	1:06:32	
97	58	Gary	Holder	Male (20-39)	32	1:06:33	
98	88	Laura	Sheepy	Female (20-39)	16	1:06:34	
99	89	Lela	Rogers	Female (20-39)	17	1:06:50	
100	134	Roger	Brocklesby	Male (50-59)	10	1:06:51	Bristol & West AC
101	207	Elizabeth	Newson	Female (20-39)	18	1:06:52	
102	214	Penny	Evans	Female (40-49)	13	1:06:53	
103	163	Victoria	Pollard	Female (20-39)	19	1:07:18	
104	9	Andrew	Woodfield	Male (40-49)	23	1:07:18	
105	90	lesley	selby	Female (50-59)	3	1:07:32	
106	143	sheila	hartnett	Female (40-49)	14	1:07:33	Hogweed trotters
107	31	Clare	Owen	Female (20-39)	20	1:07:34	
108	136	Sal	Erskine	Female (20-39)	21	1:07:35	
109	108	Michelle	Pang	Female (40-49)	15	1:08:48	South West Road Runners
110	178	Emma	Parhitt	Female (40-49)	16	1:09:30	
111	122	Nina	Killick	Female (50-59)	4	1:09:30	
112	142	Sharon	Wells	Female (40-49)	17	1:09:41	
113	34	Dani	Dodwell	Female (20-39)	22	1:09:49	
114	32	Clare	Mountford	Female (40-49)	18	1:10:16	
115	86	Kezzia	Kemp	Female (20-39)	23	1:10:34	
116	21	Carol	Manvill	Female (50-59)	5	1:10:55	
117	3	Amber	Steer-Frost	Female (20-39)	24	1:11:05	
118	50	emma	kessie	Female (20-39)	25	1:11:05	
119	167	Zoe	Seaton	Female (20-39)	26	1:11:13	
120	188	David	Davies	Male (40-49)	24	1:11:14	TRFC
121	200	Matt	Coffry	Male (40-49)	25	1:11:14	
122	215	Sarah	Prattley	Female (20-39)	27	1:11:24	
123	123	Paul	Barrett	Male (20-39)	33	1:11:37	
124	18	Ben	Bunting	Male (20-39)	34	1:11:38	
125	138	Sarah	Shepley	Female (40-49)	19	1:11:39	
126	149	Steve	Larkins	Male (20-39)	35	1:11:40	
127	13	Anna	Dalzell	Female (40-49)	20	1:11:54	
128	205	Sandra	Dewson	Female (40-49)	21	1:12:38	
129	2	alexandra	brown	Female (20-39)	28	1:12:56	
130	55	Frances	McEwan	Female (40-49)	22	1:12:56	
131	77	Jon	Mutter	Male (50-59)	11	1:12:56	
132	47	Eleanor	Yeo	Female (20-39)	29	1:13:28	
133	161	Vanessa	Redmond	Female (50-59)	6	1:13:29	Bristol & West
134	76	John	Breading	Male (20-39)	36	1:13:31	
135	185	Ann	Toose	Female (40-49)	23	1:13:38	
136	186	Helen	Miller	Female (40-49)	24	1:13:38	
137	119	Nicola	smith	Female (20-39)	30	1:13:56	
138	60	Gill	Bassett	Female (40-49)	25	1:14:04	
139	63	Heather	Smith	Female (20-39)	31	1:14:07	
140	114	Niamh	Carew	Female (20-39)	32	1:14:07	
141	100	Mark	Robson	Male (40-49)	26	1:15:04	
142	72	Jane	Whitcombe	Female (40-49)	26	1:15:12	
143	206	Antony	Richards	Male (50-59)	12	1:15:21	
144	139	Sarah	Thomas	Female (40-49)	27	1:15:27	
145	176	Lynn	Sloman	Female (40-49)	28	1:15:32	
146	44	Deborah	Roberts	Female (40-49)	29	1:15:34	
147	201	Jenni	Olive	Female (40-49)	30	1:15:35	
148	152	Sue	Norman	Female (50-59)	7	1:15:35	
149	35	Danielle	Osborne	Female (40-49)	31	1:15:48	
150	73	joanna	trump	Female (40-49)	32	1:15:49	
151	131	Rachel	Kidd	Female (20-39)	33	1:15:50	
152	147	stacey	kemp	Female (20-39)	34	1:15:51	
153	95	Marie	berry	Female (20-39)	35	1:15:52	
154	109	Michelle	Holmes	Female (20-39)	36	1:15:53	
155	107	maxine	ferguson	Female (40-49)	33	1:16:04	exmouth running belles
156	168	Zuhal	Faisi	Female (20-39)	37	1:16:15	
157	120	Nicola	Wilson	Female (40-49)	34	1:16:25	
158	10	Aniko	Kovacs	Female (20-39)	38	1:16:35	
159	164	Victoria	Pritchard	Female (20-39)	39	1:17:15	
160	43	Debbie	Vinnicombe	Female (50-59)	8	1:17:29	
161	46	Eddie	Acford	Male (20-39)	37	1:17:30	
162	181	Andrew	King	Male (20-39)	38	1:17:48	
163	177	Ian	White	Male (40-49)	27	1:17:49	
164	15	Antje	Jaeger	Female (40-49)	35	1:17:51	
165	180	David	Nordis	Male (40-49)	28	1:17:52	
166	210	Harriet	Parker	Female (20-39)	40	1:18:27	
167	203	Sara	Patrick	Female (20-39)	41	1:19:31	
168	204	Gemma	Trebbles	Female (20-39)	42	1:19:32	
169	209	Fenella	Parker	Female (20-39)	43	1:19:36	
170	11	Anmarie	Price	Female (20-39)	44	1:20:11	
171	189	Sue	McManus	Female (40-49)	36	1:20:35	
172	45	Deborah	Matthews	Female (20-39)	45	1:20:56	
173	144	Sheree	Southworth	Female (40-49)	37	1:20:56	
174	62	Hannah	Roskell	Female (20-39)	46	1:21:04	

