

Relish Running Races

Two Tunnels Races – Sunday 9th July 2017

This is a PROVISIONAL schedule based on the 2016 event. Start times might vary +/- 10mins or so, so please check back for the final schedule which will be published two weeks before the event.

Event Wave	Race	Race Wave (Predicted time)	P&R	Arrive Race HQ	Briefing	Start
	1 Mile Colourburst		08:15	08:45 - 09:00	09:25	09:30
	300m Colourburst		08:15	08:45 - 09:00	09:40	09:45
1	Half Marathon	All Waves	08:30	09:00 - 09:15	09:55	10:00
2	5km	All Waves	08:40	09:10 - 09:25	10:00	10:05
3	10km	Wave 1 (<55mins)	08:50	09:20 - 09:35	10:05	10:10
4	10km	Wave 2 (<55mins)	09:00	09:30 - 09:45	10:15	10:20
5	10km	Wave 3 (55-65mins)	09:10	09:40 - 09:55	10:25	10:30
6	10km	Wave 4 (55-65mins)	09:20	09:50 - 10:05	10:35	10:40
7	10km	Wave 5&6 (>65mins)	09:30	10:00 - 10:15	10:45	10:50

Arrival times are suggestions. Number collection/registration will remain open for each wave right up to the time that each wave starts but we suggest you allow plenty of time.

[Vibe Fitness Bath](#) will be providing a 5min warm up before the start of each wave. This is optional, but a great way to limber up and get yourself ready for the race ahead. The warm up will take place adjacent to the start line.

Event Waves refers to the order the individual race waves will set off. You can collect your number from the desks which respond to the Event Wave, not your race wave. For example, 10km wave 3 runners are in Event Wave 5, so will collect their numbers from desk 5, not desk 3. The briefing for each event will take place 5mins before the wave start and it will be held on the start line. The prize giving for the 10km will be held at 11:30 at the Registration gazebos. The prize giving for the half marathon will be held at 12:15 at the Registration gazebos. There are no winner's prizes for the 5km or the Colourburst races.

The last Park & Ride bus will leave for Odd Down Park and Ride at 14:30