

# Relish Running Races

## Saturday 11<sup>th</sup> Jan – Event Time 17:00 – 20:30

Please collect your race numbers from the desk linked to your **Event** Wave

Event Wave	Race Wave	Briefing	Start	Bib Background	OTD?
Event Wave 1	10km Wave 1	17:55	18:00	Yellow	No
Event Wave 2	10km Wave 2	18:00	18:04	Black	No
Event Wave 3	10km Wave 3	18:04	18:08	Light Blue	No
Event Wave 4	10km Wave 4	18:08	18:12	Red	No
Event Wave 4	5km (All)	18:08	18:12	Pink	No

### Notes

There is a briefing before the start of each wave which is held on the start line

OTD? – On the Day Places

Results will be published online by 10pm on Saturday. Prize winners will be contacted by the end of the week by email, there is no on the day prize giving.

## Sunday 12<sup>th</sup> Jan – Event Time 09:00 – 13:15

Please collect your race numbers from the desk linked to your **Event** Wave

Event Wave	Race Wave	Briefing	Start	Bib Background	OTD?
Canicross	Canicross 10km	09:30	From 10:00	Red	No
Canicross	Canicross 5km	09:00	From 10:00	Silver	No
Fun Run	500m	10:35	10:40	Light Blue	Yes
Event Wave 1	10km Wave 1	10:55	11:00	Orange	No
Event Wave 2	10km Wave 2	11:00	11:06	Green	No
Event Wave 3	10km Wave 3 & 4	11:06	11:12	Black	No
Event Wave 3	5km (All)	11:06	11:12	Pink	No

### Notes

OTD? – On the Day Places

There will be a race briefing 5mins before each wave on the start list, apart from the Canicross race which has a briefing at 09:30. Please do not bring your dogs to the briefing as they get a bit chatty



Results will be published online by 6pm on Sunday. Prize winners will be contacted by the end of the week by email, there is no on the day prize giving. There are no winners' prizes for the 500m.