

Relish Running Races

Pipley Woods Mud Bath 2018

PLEASE COLLECT YOUR RACE NUMBER FROM THE DESK WITH YOUR EVENT WAVE NUMBER

Event Wave	Race & Wave	Briefing	Start	Bib
	2km (All runners)	10:05	10:10	Green
1	10km - Wave 1	10:55	11:00	Pink
2	10km - Waves 2 & 3	11:05	11:10	Yellow
3	10km - Waves 4 & 5	11:15	11:20	Purple
3	5km (All runners)	11:15	11:20	Red

There will be a race briefing 5min before each wave start held on the start line.

Registrations are available on the day. All 5km and 10km on the day registrations will be put in Event Wave 3.

It will not be possible to swap race waves due to the number of runners involved. If you start in the wrong wave you will be disqualified. It is possible to swap distances at the Event Information desk.

There is no on the day prize giving, all prize winners will be notified after the event via email. There are no winner's prizes for the 2km or 5km.

Buses run between the Park & Ride and the woods from 08:45 - 11:30 and 12:15 - 15:00.