

Bib	Name (First)	Name (Last)	Gender	Race Category	Group	UKA Affiliated Club	Event Wave	Race wave	Race start	Distance
513	Chris	Abbey	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
9	Lorna	Abraham	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
15	Helen	Adams	Female	Female (40-49)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
21	Danielle	Addicott	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
23	Pete	Aighton	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1119	Helen	Ambler	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
24	Walter	Andrews	Male	Male (60+)		Tiverton Harriers	Event Wave 2	10km Wave 1	10:40 AM	10km
514	Jilaine	Andrews	Female	Female (40-49)		Storm Plymouth	Event Wave 3	10km Wave 2	10:50 AM	10km
528	Sam	Andrews	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
531	Tom	Andrews	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1122	Nejla	Andrews	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
546	Rhiannon	Annandale	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
582	Rachel	Austen-Rigby	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
25	Rob	Austin	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
801	Lucy	Avery	Female	Female (40-49)		Weston athletic club	Event Wave 3	10km Wave 2	10:50 AM	10km
804	Zoe	Baker	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
28	Samantha	Barnbrook	Female	Female (20-39)		Bideford AAC	Event Wave 2	10km Wave 1	10:40 AM	10km
29	Paul	Barnes	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
35	Wendy	Barratt	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
811	Tracey	Bawden	Female	Female (40-49)		South Molton strugglers	Event Wave 3	10km Wave 2	10:50 AM	10km
814	Christopher	Beavis	Male	Male (20-39)		Trail Running Association	Event Wave 3	10km Wave 2	10:50 AM	10km
75	Louise	Belfield	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
87	laura	bell	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
817	Louise	Bennett	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1124	Gemma	Binks	Female	Female (20-39)		North Devon Road Runners	Event Wave 4	10km Wave 3	11:00 AM	10km
826	Charlotte	Birchall	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
827	Ken	Bird	Male	Male (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
88	Maria	Board	Female	Female (20-39)	The Gribbiners	South West Road Runners	Event Wave 2	10km Wave 1	10:40 AM	10km
101	Katherine	Bonnin	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
836	Kirsten	Bowie	Female	Female (50-59)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km
1125	Ross	Brayley	Male	Male (20-39)		Just Run Taunton	Event Wave 4	10km Wave 3	11:00 AM	10km

102	karen	Brewer	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
839	Mark	Burrough	Male	Male (50-59)	The Gribbiners		Event Wave 3	10km Wave 2	10:50 AM	10km
103	Bryony	Bushell	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
1130	Gemma	Callender	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
1136	Cat	Caller	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
104	Angela	Cann	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
854	Tessa	Cartledge	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
863	Julie	Cashmore	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1138	Simon	Chant	Male	Male (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
105	Erica	clatworthy	Female	Female (20-39)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
865	Alex	Clements	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
866	katie	Clements	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1139	Emma	Clements	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
867	Liz	Clifford	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
868	Andrew	Coates	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
869	Tina	Collin	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
106	Ann	Collins	Female	Female (40-49)		Just Jog Bideford	Event Wave 2	10km Wave 1	10:40 AM	10km
107	Beth	Cooke	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
108	Mary	Cornish	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
109	Sue	COSTELLO	Female	Female (60+)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
110	Michelle	Cotsell	Female	Female (20-39)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
1141	Katie	Coult	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
111	Beth	Court	Female	Female (40-49)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
870	Roy	Couzens	Male	Male (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
112	Geoff	Cowan	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
871	Alison	Cox	Female	Female (50-59)		Bodmin Womens Running Club	Event Wave 3	10km Wave 2	10:50 AM	10km
872	Clive	Cox	Male	Male (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
873	Daniel	Cox	Male	Male (20-39)		Bodmin Roadrunners	Event Wave 3	10km Wave 2	10:50 AM	10km
113	Rachel	Creedy	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
874	Chris	Curtis	Male	Male (40-49)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km
114	Anna	Dalzell	Female	Female (40-49)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
875	Warren	Danby	Male	Male (60+)		Trail Running Association	Event Wave 3	10km Wave 2	10:50 AM	10km

1142	Alex	Dawn	Male	Male (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
115	Jackie	Day	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
1143	Nicola	Dean	Female	Female (40-49)		Brixham Harriers	Event Wave 4	10km Wave 3	11:00 AM	10km
116	Sarah	Denford	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
117	Polly	Dixon	Female	Female (U20)			Event Wave 2	10km Wave 1	10:40 AM	10km
118	Keith	Dixon	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
876	Sharon	Dixon	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1145	Marguerite	Dixon	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
1155	Toby	Dixon	Male	Male (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
877	Helen	Doolan	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
119	Carl	Drainey	Male	Male (40-49)		Totton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
120	Carole	Drew	Female	Female (60+)		Carn Runners	Event Wave 2	10km Wave 1	10:40 AM	10km
878	Lindsay	Dudley	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
879	Amy	Dymond	Female	Female (20-39)		Plymouth Harriers	Event Wave 3	10km Wave 2	10:50 AM	10km
880	Carol	Eaton	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
121	Simon	Edwards	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
122	Steve	Ellaway	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
881	Leone	Ellis	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
882	Helen	Ellison	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
883	Christina	Epps	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
884	Liz	Ferrari	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1162	Alison	Fewins	Female	Female (20-39)	The Gribbiners		Event Wave 4	10km Wave 3	11:00 AM	10km
123	Stuart	Fisher	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
124	Stacey	Flay	Female	Female (50-59)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
125	Briony	Flello	Female	Female (20-39)		Just Jog Bideford	Event Wave 2	10km Wave 1	10:40 AM	10km
126	Briony	Flello	Female	Female (20-39)		Just Jog Bideford	Event Wave 2	10km Wave 1	10:40 AM	10km
1166	Peter	Fordham	Male	Male (60+)			Event Wave 4	10km Wave 3	11:00 AM	10km
127	Kate	Fowle	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1168	Nicola	Friedrich	Female	Female (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
1175	Ian	Frost	Male	Male (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
885	Julia	Fuery	Female	Female (40-49)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km
128	Paulina	Gajzler	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km

129	Philip	Gater	Male	Male (50-59)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
886	Vanessa	Gates	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
887	Kim	Gibbard	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
888	Kelly	Gibbs	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
130	Sarah	Gibson	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1180	Maria	Gicquel	Female	Female (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
889	Hollie	Gilbery	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
131	Michelle	Gilson	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
132	Chris	Goodman	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1181	Duncan	Gordon	Male	Male (40-49)		Running Forever	Event Wave 4	10km Wave 3	11:00 AM	10km
133	Debbie	Gorrod	Female	Female (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
890	Lizzie	Greed	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
134	Kat	Hall	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
135	Dennis	Hall	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
891	Benjamin	Hamilton	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
136	paula	hancock	Female	Female (20-39)		Just Jog Bideford	Event Wave 2	10km Wave 1	10:40 AM	10km
892	Natalie	Harrison	Female	Female (50-59)		Storm Plymouth	Event Wave 3	10km Wave 2	10:50 AM	10km
893	David	Hart	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
137	James	hawkins	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
894	Nicky	Hedden	Female	Female (40-49)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km
138	Helen	Hibbins	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
139	Charlotte	Hill	Female	Female (40-49)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
140	Richard	Hill	Male	Male (40-49)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
895	Michael	Hillis	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
896	JANET	HOARE	Female	Female (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
141	Jason	Hockridge	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
142	Libby	Hockridge	Female	Junior Female (U20)			Event Wave 2	10km Wave 1	10:40 AM	10km
897	Hannah	Holdaway	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
898	Tom	Holdaway	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1185	Sarah	Holland	Female	Female (40-49)		Tavistock Athletic Club	Event Wave 4	10km Wave 3	11:00 AM	10km
143	Jon	Hollidge	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
144	Emma	Hollister	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km

145	Wendy	Holt	Female	Female (40-49)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
899	Nick	Hopcroft	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
900	Daisy	Hornsby	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
146	Peter	Horrell	Male	Male (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
901	James	Hoskins	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
147	Sue	Howe	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
148	Emma	Hughes	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
902	Paul	Hughes	Male	Male (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1186	Fiona	Hughes	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
903	Jane	Huntington	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
149	Nick	Hurst	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
905	Gosia	Huszno-Szturo	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
150	Liz	Hutchings	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
151	barbara	hutchings	Female	Female (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
906	Anthony	Hutchinson	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
155	Jon	Iacomino	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
156	Sam	Ingram	Male	Male (20-39)		Sidmouth RC	Event Wave 2	10km Wave 1	10:40 AM	10km
907	Mark	Jelley	Male	Male (50-59)		South West Road Runners	Event Wave 3	10km Wave 2	10:50 AM	10km
162	Mel	Johns	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
165	Christine	Jones	Female	Female (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
1188	Craig	Jones	Male	Male (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
1198	Jane	Jones	Female	Female (50-59)		Okehampton Running Club	Event Wave 4	10km Wave 3	11:00 AM	10km
166	Hayley	Kane	Female	Female (20-39)		Hungerford Hares	Event Wave 2	10km Wave 1	10:40 AM	10km
908	Kevin	Kearns-Hannah	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
909	Claire	Kelly	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1209	Emma	Kessie	Female	Female (20-39)	The Gribbiners		Event Wave 4	10km Wave 3	11:00 AM	10km
910	Mellony	Kirby	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
911	Elaine	Kirton	Female	Female (40-49)		Tetbury Dolphins Running Club	Event Wave 3	10km Wave 2	10:50 AM	10km
1212	Lisa	Knight	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
168	vanessa	knowles	Female	Female (50-59)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
912	Rachel	Kotchombas	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1220	Mariusz	Kowalski	Male	Male (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km

1221	Daniela	Kutz	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
172	Kate	Lacey	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
173	Verity	Lamerton	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
175	Sally	Lancaster	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
176	Rebecca	Ledger	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
182	Rachel	Legg	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
184	Zoe	Leinhardt	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
185	Garry	Letheren	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
190	Tracey	Lewis	Female	Female (40-49)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
1236	Alice	Lewis	Female	Female (60+)		Dursley RC	Event Wave 4	10km Wave 3	11:00 AM	10km
913	Becky	Lewis-Clark	Female	Female (50-59)		Storm Plymouth	Event Wave 3	10km Wave 2	10:50 AM	10km
914	Marcus	Lincoln	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
192	karen	lister	Female	Female (50-59)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
915	Arabella	Lloyd	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
916	Daniel	Loman	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
193	Owen	Longhurst	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
917	Melanie	Lucas	Female	Female (40-49)	The Gribbiners		Event Wave 3	10km Wave 2	10:50 AM	10km
195	Katarzyna	Lukomska	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
196	Christina	MacDonald	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
918	Meg	Mackenzie	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
197	Simon	Mager-Coath	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
201	Vanessa	Mager-Coath	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
919	Baker	Mags	Female	Female (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
203	Nikki	Malam	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
205	Giles	Maling	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
920	Julia	Mallon	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
207	Cameron	Mann	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
921	Paul	Marrow	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
922	Tanya	Marrow	Female	Female (40-49)		South Molton Strugglers	Event Wave 3	10km Wave 2	10:50 AM	10km
923	Lewis	Marrow	Male	Junior Male (U20)		South Molton Strugglers	Event Wave 3	10km Wave 2	10:50 AM	10km
924	Kate	Masters	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
925	Thomas	Mathew	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km

926	Tamsin	Mathew	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
927	victoria	maynard	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
211	Sandra	McCord	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
213	Sarah	McDonald	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
928	Vicki	Mcginley	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
215	Ian	Mchenry	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
224	Nella	McNabb	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
226	Clare	Melbourne	Female	Female (20-39)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
929	Danni	Meyer	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
227	Steven	Mildoon	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1237	Steve	Miller-Ratcliffe	Male	Male (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
930	Becky	Mitchell	Female	Female (40-49)		Trail Running Association	Event Wave 3	10km Wave 2	10:50 AM	10km
229	Helen	Morcrette	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1239	Carol	Morris	Female	Female (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
230	Justine	Morton	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
231	Tracy	Mott	Female	Female (40-49)		Stainland Lions	Event Wave 2	10km Wave 1	10:40 AM	10km
931	Lucy	Mottram	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
232	val	mountford	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
236	Siobhan	Moyes	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
1299	Kirsti	Nelson	Female	Female (40-49)		Running Forever	Event Wave 4	10km Wave 3	11:00 AM	10km
932	Jonathan	Newman	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
933	Jennifer	Oatway	Female	Female (20-39)		plymouth harriers	Event Wave 3	10km Wave 2	10:50 AM	10km
934	Samuel	O'brien	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1304	Tamsin	OConnor	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
1310	Lisa	Pardos	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
935	Lisa	Parr	Female	Female (40-49)		Plymouth harriers	Event Wave 3	10km Wave 2	10:50 AM	10km
1311	Gavin	Parrott	Male	Male (40-49)		Teignbridge Trotters	Event Wave 4	10km Wave 3	11:00 AM	10km
239	sadie	parsons	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
242	Kevin	Partridge	Male	Male (50-59)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
936	Nicholas	Partridge	Male	Male (40-49)		Exeter College Running Club	Event Wave 3	10km Wave 2	10:50 AM	10km
1316	Andy	Pawley	Male	Male (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
1371	Jessica	Perriss	Female	Female (40-49)		Riviera Racers	Event Wave 4	10km Wave 3	11:00 AM	10km

937	Steve	Pettifer	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
938	Andrew	Phare	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
244	Deborah	Phillips	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
245	Denise	Pichler	Female	Female (50-59)		Women on the Run	Event Wave 2	10km Wave 1	10:40 AM	10km
1372	Chris	Plant	Male	Male (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
247	Charles	Pope	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
939	Connor	Potter	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
250	Danielle	Potts	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
1373	Janet	Pryor	Female	Female (50-59)		Brixham HArriers	Event Wave 4	10km Wave 3	11:00 AM	10km
940	Baker	Rebecca	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
941	Michael	Redfearn	Male	Male (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1374	Tracey	Redfearn	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
1377	Murray	Reed	Male	Male (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
1378	Jacqueline	Rees-Lee	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
252	Alicia	Regan	Female	Female (20-39)		South West Road Runners	Event Wave 2	10km Wave 1	10:40 AM	10km
942	James	Regan	Male	Male (50-59)			Event Wave 3	10km Wave 2	10:50 AM	10km
1379	Hamish	Renton	Male	Male (40-49)		Torbay Triathlon Club	Event Wave 4	10km Wave 3	11:00 AM	10km
253	lynsey	reynolds	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
943	Nick	Rice	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
944	Sarah	Richards	Female	Female (20-39)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km
254	Melanie	Rippon	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
1380	Gavin	Roberts	Male	Male (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
1381	Kate	Rogers	Female	Female (60+)		Tavistock Athletic Club	Event Wave 4	10km Wave 3	11:00 AM	10km
255	Will	Roose	Male	Male (20-39)		South West Road Runners	Event Wave 2	10km Wave 1	10:40 AM	10km
256	Erica	Ross	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
259	douglas	rowe	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
261	bethan	rowe	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
945	Dave	Russ	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
262	Geoffrey	Russell	Male	Male (50-59)		Just Jog Bideford	Event Wave 2	10km Wave 1	10:40 AM	10km
946	Julie anne	Saget	Female	Female (50-59)		Women on the run	Event Wave 3	10km Wave 2	10:50 AM	10km
947	Jemma	Saget	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
948	Keith	Salter	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km

264	Samantha	Samantha	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
266	Mark	Shaw	Male	Male (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
1382	Rebecca	Shaw	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
949	Fenella	Shelton	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
268	Todd	Sherwood	Male	Male (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
269	Jennifer	Simmons	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
950	Helen	Simmons	Female	Female (40-49)		south molton strugglers	Event Wave 3	10km Wave 2	10:50 AM	10km
1383	Lucy	Sizer	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
270	Sophie	Skinner	Female	Female (20-39)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
273	Serena	Skinner	Female	Female (20-39)	The Gribbiners		Event Wave 2	10km Wave 1	10:40 AM	10km
275	David	Skinner	Male	Male (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
951	David	Slater	Male	Male (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
952	Emma	Slee	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
278	Paul	Smith	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
279	Tammy	Smith	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
953	Catherine	Smith	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
954	Rosie	Smith	Female	Female (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
955	Mel	Smith	Male	Male (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
956	Katie	Smith	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1384	James	Smith	Male	Male (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
1385	Mike	Smith	Male	Male (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km
957	Vicky	Snell	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
958	Michaela	Snell	Female	Female (20-39)		Fit2run	Event Wave 3	10km Wave 2	10:50 AM	10km
959	Simon	Sortie-Pring	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
280	Charlotte	Sortwell	Female	Female (20-39)		Yaxley Runners & Joggers	Event Wave 2	10km Wave 1	10:40 AM	10km
281	Joana	Spala Bell	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
282	James	Spayne	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
960	Kelly	Spence	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
961	Helen	Staples	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
283	Neil	Stevens	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
962	Rebecca	Stewart	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
1441	Ali	Stewart	Female	Female (50-59)			Event Wave 4	10km Wave 3	11:00 AM	10km

963	Nyree	Stewart-Beavis	Female	Female (20-39)		Trail Running Association	Event Wave 3	10km Wave 2	10:50 AM	10km
284	Marzena	Strzalkowska	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
964	Martin	Sturley-Hayes	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
285	Jay	Sweetman	Male	Male (20-39)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
1442	Jane	Tanner	Female	Female (40-49)			Event Wave 4	10km Wave 3	11:00 AM	10km
286	Simonetta	Taylor	Female	Female (50-59)			Event Wave 2	10km Wave 1	10:40 AM	10km
965	Lisa	Teby	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
966	Richard	Thomas	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
967	Laurence	Thrift	Male	Male (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
289	Daniel	Trafford	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
290	Alice	Traill	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
968	Martin	Underwood	Male	Male (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
969	Louise	Upton	Female	Female (40-49)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km
970	Annabel	Urquiza	Female	Female (40-49)			Event Wave 3	10km Wave 2	10:50 AM	10km
971	Pip	Vanham	Female	Female (40-49)		Honiton RC	Event Wave 3	10km Wave 2	10:50 AM	10km
972	Michael	Vine	Male	Male (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
291	Deborah	Vinnicombe	Female	Female (60+)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
292	Marnie	Waghorn	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
973	Nina	Wagstaff	Female	Female (40-49)		Chard Road Runners	Event Wave 3	10km Wave 2	10:50 AM	10km
974	Sylvia	Wakeham	Female	Female (60+)			Event Wave 3	10km Wave 2	10:50 AM	10km
975	Louise	Wall	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
293	Bex	walters	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
294	Mandy	Ward	Female	Female (50-59)		Honiton RC	Event Wave 2	10km Wave 1	10:40 AM	10km
295	Felicity	Ward-Smith	Female	Female (60+)			Event Wave 2	10km Wave 1	10:40 AM	10km
1443	Alison	Wasey	Female	Female (40-49)		Running Forever	Event Wave 4	10km Wave 3	11:00 AM	10km
296	Liz	Webber	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
297	Steven	Welch	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
298	Julie	White	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
1444	Hillary	White	Female	Female (60+)			Event Wave 4	10km Wave 3	11:00 AM	10km
1445	claire	willey	Female	Female (20-39)			Event Wave 4	10km Wave 3	11:00 AM	10km
976	katie	williams	Female	Female (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km
977	Alison	williams	Female	Female (50-59)		Just Jog Bideford	Event Wave 3	10km Wave 2	10:50 AM	10km

978	Steve	Williams	Male	Male (20-39)		Plymouth Harriers	Event Wave 3	10km Wave 2	10:50 AM	10km
299	Anthony	Wood	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
301	Alex	Wood	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
304	josie	Wood	Female	Female (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
306	Alex	Woodcock	Male	Male (20-39)			Event Wave 2	10km Wave 1	10:40 AM	10km
307	Sally	Wren	Female	Female (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
309	Grahame	Wright	Male	Male (40-49)			Event Wave 2	10km Wave 1	10:40 AM	10km
979	James	York	Male	Male (20-39)			Event Wave 3	10km Wave 2	10:50 AM	10km