Bib	Name (First)	Name (Last)	Gender	Race Category	Club	Group	Event Wave	Race wave	Start time	Distance
157	Janet	Abbott	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
825	Lorna	Abraham	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
500	Philip	Adderley	Male	Male (40-49)	Erme Valley Harriers		Event Wave 6	10km Wave 3	11:25 AM	10km
158	Paul	Adnett	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
159	Sarah	Adnett	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
160	Fran	Aggleton	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
501	Julie	Akhurst	Female	Female (60+)			Event Wave 6	10km Wave 3	11:25 AM	10km
826	Craig	Alexander	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
827	Helen	Ambler	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
689	imogen	anderson	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
690	melody	andrews	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
828	Jay	Andrews	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
161	Wayne	Anthony	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
502	Tanya	Argue	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
162	Jess	Ashe	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
503	Debbie	Ashton	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
504	Paul	Ashton	Male	Male (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
163	Matt	Atkins	Male	Male (50-59)	South West Road Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
505	Rachel	Austen-Rigby	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
691	Rachel	Baber	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
506	Adrianne	Bailey	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
692	Sharon	Baker	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
693	Martin	Baker	Male	Male (50-59)			Event Wave 4	10km Wave 2	11:00 AM	10km
829	Adrian	Banner	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
694	Claire	Barlow	Female	Female (40-49)	Bodmin Road Runners		Event Wave 4	10km Wave 2	11:00 AM	10km
507	Sarah	Bartlett	Female	Female (50-59)	Bere Alston Trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
830	Frances	Beckett	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
508	Stephen	Bell	Male	Male (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
695	Claire	Bendle	Female	Female (20-39)	Somer AC		Event Wave 4	10km Wave 2	11:00 AM	10km
831	Clare	Bennett	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
832	Jennifer	Bentley	Female	Female (40-49)	Sidmouth RC		Event Wave 7	10km Wave 4	11:40 AM	10km
509	Neale	Bergman	Male	Male (20-39)	Storm Plymouth		Event Wave 6	10km Wave 3	11:25 AM	10km
510	Hayley	Bergman	Female	Female (20-39)	Storm Plymouth		Event Wave 6	10km Wave 3	11:25 AM	10km
833	Richard	Betts	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
164	Jayne	Bevan	Female	Female (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
834	Sophie	Bevan	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km

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696	Julie	Bidgway	Female	Female (40-49)	Bodmin Women's RC		Event Wave 4	10km Wave 2	11:00 AM	10km
511	Travis	Birch	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
835	Matthew	Bird	Male	Male (20-39)	UKRunChat		Event Wave 7	10km Wave 4	11:40 AM	10km
165	Derek	Blackford	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
697	Tamsin	Blake	Female	Female (50-59)			Event Wave 4	10km Wave 2	11:00 AM	10km
698	Maria	Board	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
512	Sarah	Body	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
513	Adam	Bojkowski	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
699	Emma	Boon	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
514	Lisa	Booth	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
515	Teresa	Bosence	Female	Female (40-49)	Women on the Run		Event Wave 6	10km Wave 3	11:25 AM	10km
836	Nicky	Bowman	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
837	kerry	boyle	Female	Female (40-49)	Sidmouth RC		Event Wave 7	10km Wave 4	11:40 AM	10km
166	Helen	Bray	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
700	Polly	Breed	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
516	karen	Brewer	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
838	Mark	Brewer	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
517	felicity	bright	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
701	Nicholas	Britton	Male	Male (20-39)	Somer AC		Event Wave 4	10km Wave 2	11:00 AM	10km
518	Lisa	Broad	Female	Female (20-39)	Exmouth Running Belles		Event Wave 6	10km Wave 3	11:25 AM	10km
839	Nicki	Brodie	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
840	Elaine	Brodin	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
167	Sarah	Browning	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
168	Elizabeth	Bubeer	Female	Female (40-49)	Torbay AAC		Event Wave 3	10km Wave 1	10:50 AM	10km
702	Karen	Buck	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
519	David	Buckingham	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
841	Naomi	Buckingham	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
169	Julian	Budd	Male	Male (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
703	Ben	Bunting	Male	Male (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
812	Mark	Burrough	Male	Male (50-59)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
813	Julia	Burrough	Female	Female (50-59)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
170	Bryony	Bushell	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
844	Esther	cadwallender	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
171	Steve	Cain	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
845	Catherine	Campbell	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
520	Angela	Cann	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
846	Christina	Carpenter	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km

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704	hannah	carter	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
705	Samantha	Carthew	Female	Female (40-49)	Bodmin Women's RC		Event Wave 4	10km Wave 2	11:00 AM	10km
706	Rebecca (Cavill	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
172	Jenna (CAWSEY	Female	Female (20-39)	South West Road Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
847	Sarah	Chalkley	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
173	Jennifer (Channon	Female	Female (40-49)	Cornwall Athletics Club		Event Wave 3	10km Wave 1	10:50 AM	10km
848	Simon	Chant	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
707	Lucy	Chilcott	Female	Female (40-49)	Bodmin Women's RC		Event Wave 4	10km Wave 2	11:00 AM	10km
521	Charlotte	Clarke	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
708	Erica	Clatworthy	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
522	Jon (Clatworthy Edwar	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
849	Shelley	Clothier	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
709	Myles	Clough	Male	Male (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
523	Andy	Coates	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
524	Dominique	Cobley	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
525	Sally	Cobley	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
174	Lyn	Coffman	Female	Female (40-49)		Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
710	charlotte	cole	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
175	Heather	Coleman	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
526	Karen	Collard	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
711	Hayley	Collins	Female	Female (40-49)	Torrington		Event Wave 4	10km Wave 2	11:00 AM	10km
527	Abigail	Colton	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
528	Julia (Connick	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
176	Andrea	Conroy	Female	Female (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
529	Maisie	Cook	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
530	Joanne (Cooke	Female	Female (40-49)		Tri-hards	Event Wave 6	10km Wave 3	11:25 AM	10km
850	emma (Cooling	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
851	Ruth	Coomber	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
852	Dan (Coomber	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
177	Rachael	Coombes	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
178	Richard	Cooper	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
712	Michelle	Cotsell	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
853	Ruth	Cotterrell	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
854	Ruth	Cotterrell	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
713	Beth (Court	Female	Female (40-49)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
714		Courtney	Female	Female (50-59)	Bodmin Women's RC		Event Wave 4	10km Wave 2	11:00 AM	10km
531	Kat	Cousins	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km

855	Roy	Couzens	Male	Male (50-59)	Ashburton Hash House Harriers		Event Wave 7	10km Wave 4	11:40 AM	10km
179	Alison	Cox	Female	Female (50-59)	Bodmin Women's RC		Event Wave 3	10km Wave 1	10:50 AM	10km
180	Daniel	Cox	Male	Male (20-39)	Bodmin Road Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
181	Clive	Cox	Male	Male (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
182	Clive	Cox	Male	Male (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
183	Nick	Cranston	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
715	Penny	Crout	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
856	Sharon	Crowe	Female	Female (40-49)	Bodmin Women's RC		Event Wave 7	10km Wave 4	11:40 AM	10km
532	Philip	Crowther	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
719	Joaqiom	d'Souza	Male	Male (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
533	Anna	Dalzell	Female	Female (40-49)	Honiton RC		Event Wave 6	10km Wave 3	11:25 AM	10km
184	James	Danbury	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
185	Andi	Darbey	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
186	Marie	Darbey	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
716	Carly	Dare	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
534	Caroline	Date	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
535	Rob	Date	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
717	Martin	David	Male	Male (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
857	Jayne	Davies	Female	Female (20-39)	Instinctive sports		Event Wave 7	10km Wave 4	11:40 AM	10km
536	Sarah	Davies-Hale	Female	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
718	Jamie	Dawe	Male	Junior Male (U20)			Event Wave 4	10km Wave 2	11:00 AM	10km
858	Alex	Dawn	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
859	Sophie	Daykin	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
537	Louise	Dean	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
538	David	Dencer	Male	Male (20-39)	Bere Alston Trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
860	RICHARD	DODGE	Male	Male (60+)	YEOVIL TOWN RRC		Event Wave 7	10km Wave 4	11:40 AM	10km
187	Ellie	Dominey	Female	Female (20-39)	South West Road Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
539	Tess	Dominy	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
188	Michelle	Dowden	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
540	Deirdre	Dowie	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
541	Tracy	Downs	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
542	Anna	Downs	Female	Junior Female (U20)	Exeter Harriers		Event Wave 6	10km Wave 3	11:25 AM	10km
189	Adam	Drew	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
190	Nadine	Drew	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
720	Lindsay	Dudley	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
861	Kate	Dudman	Female	Female (40-49)	Bodmin Women's RC		Event Wave 7	10km Wave 4	11:40 AM	10km
191	Jan	Duke	Male	Male (60+)	Tamar Trotters	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km

543	Anna	Dunn	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
544	Aneta	Edge	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
721	Joanna	Edwards	Female	Female (50-59)	Erme Valley Harriers		Event Wave 4	10km Wave 2	11:00 AM	10km
722	Iris	Egner	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
723	Stephen	Eichhorn	Male	Male (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
862	Charlotte	Elliott	Female	Female (20-39)	Bideford AAC		Event Wave 7	10km Wave 4	11:40 AM	10km
863	Derrick	Elston	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
864	Colleen	Elston	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
865	Sutherland	Erica	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
192	Jo	Evans	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
724	hayley	everard	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
725	Terri	Everitt	Female	Female (50-59)	Torrington AAC		Event Wave 4	10km Wave 2	11:00 AM	10km
726	Susannah	Faulkner	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
727	Nicci	Ferry	Female	Female (40-49)	Torrington AAC		Event Wave 4	10km Wave 2	11:00 AM	10km
728	Felicity	Few	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
866	Maria	Field	Female	Female (40-49)	Exeter Harriers		Event Wave 7	10km Wave 4	11:40 AM	10km
193	Rebecca	Firth	Female	Female (40-49)	Tamar Trotters	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
545	Stuart	Fisher	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
194	Ruth	Fishleigh	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
195	Justine	Fitzgerald	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
729	Olivia	FitzGerald	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
546	Annie	Fletcher	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
196	Rosie	Ford	Female	Female (20-39)	Bodmin Women's RC		Event Wave 3	10km Wave 1	10:50 AM	10km
730	Bryony	Ford	Female	Female (20-39)	Women On The Run		Event Wave 4	10km Wave 2	11:00 AM	10km
197	Jane	Forder	Female	Female (40-49)		Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
198	Ann	Foster	Female	Female (60+)	Tamar Trotters	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
867	Katie	Foster	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
868	Caroline	French	Female	Female (20-39)	Axe Valley Runners		Event Wave 7	10km Wave 4	11:40 AM	10km
547	Stephanie	Fricker	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
548	Tim	Fry	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
199	Terry	Fullick	Male	Male (50-59)	Tiverton Harriers		Event Wave 3	10km Wave 1	10:50 AM	10km
869	Ynon	Gablinger	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
549	Jade	Gale	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
550	Helen	Gazey	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
870	Jenny	Gibbons	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
200	Abbie	Gilbert	Female	Female (20-39)		Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
871	Simon	Gilbert	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km

551	Pat	Gillespie	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
201	Joanna	Gillingham	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
202	Paul	Ginter	Male	Male (40-49)	tamar trotters	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
731	Izzy	Glassborow	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
872	Marie	Gorfin	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
873	katie	gormley	Female	Female (20-39)	weston ac		Event Wave 7	10km Wave 4	11:40 AM	10km
874	Debbie	Gorrod	Female	Female (60+)			Event Wave 7	10km Wave 4	11:40 AM	10km
552	Helen	Gough	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
732	Thomas	Graham	Male	Male (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
203	Becka	Green	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
204	Laura	Greenhill	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
875	colin	greenslade	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
733	Lisa	Griffin	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
553	Jen	Grigg	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
554	Richard	Grigg	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
876	Trevor	Grigg	Male	Male (60+)	Tavistock Athletics Club		Event Wave 7	10km Wave 4	11:40 AM	10km
205	Elaine	Gubb	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
206	Paul	Gubb	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
734	ANITA	GUTTERIDGE	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
735	Katherine	Gwynne	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
877	Andrew	Gwynne	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
207	Debbie	Haak	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
555	Tracey	Hailey	Female	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
736	Joanna	Hall	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
878	Debbie	Hall	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
208	Linda	Hamilton	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
879	Gayle	Hamilton	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
737	Helen	Hanks	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
738	Kate	Harding	Female	Female (50-59)			Event Wave 4	10km Wave 2	11:00 AM	10km
209	Alastair	Harlow	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
210	Camille	Harman	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
211	Nick	Harris	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
739	Kensa	Harris	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
556	Claire	Harris	Female	Female (20-39)	Torrington AAC		Event Wave 6	10km Wave 3	11:25 AM	10km
880	Duncan	Harris	Male	Male (60+)			Event Wave 7	10km Wave 4	11:40 AM	10km
740	james	harrison	Male	Male (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
881	Harriet	Harrison	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km

741	Nicki	Hart	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
557	Samantha	Harte-Latremouill	Female	Female (40-49)	Bere Alston Trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
558	Quintin	Harte-Latremouill	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
212	James	hawkins	Male	Male (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
213	Jordan	hawkins	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
214	Sarah	Hayes	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
882	Doug	Hayston	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
559	Katie	Heil	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
560	Louise	Helcoop	Female	Female (40-49)	Bere Alston trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
215	Peter	Hendy-Ibbs	Male	Male (60+)			Event Wave 3	10km Wave 1	10:50 AM	10km
216	Justine	Hewitt	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
561	Billie	Hewitt	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
742	Jayne	Hewlett	Female	Female (50-59)	Running forever running club		Event Wave 4	10km Wave 2	11:00 AM	10km
562	Yvonne	Hicks	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
563	Derek	Hicks	Male	Male (60+)	Bere Alston Trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
743	Jeremy	Hidderley	Male	Male (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
744	Lisanne	Hidderley	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
745	Richard	Hill	Male	Male (40-49)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
746	Charlotte	Hill	Female	Female (40-49)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
883	Michaela	Hillman	Female	Female (50-59)	Таас		Event Wave 7	10km Wave 4	11:40 AM	10km
884	Sophie	Hillson	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
885	Brad	Hillson	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
564	Natasha	Hingston	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
886	Kate	Hipkin	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
565	Victoria	Hirons	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
566	laura	hodge	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
567	Dianne	Hollidge	Female	Female (40-49)	Women on the Run		Event Wave 6	10km Wave 3	11:25 AM	10km
747	Sue	Homewood	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
568	Verity	Hookway	Female	Female (40-49)	Torrington AAC		Event Wave 6	10km Wave 3	11:25 AM	10km
217	Stacey	Horne	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
569	James	Hoskins	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
570	courtney	Howard	Female	Junior Female (U20)			Event Wave 6	10km Wave 3	11:25 AM	10km
571	Martin	Howe	Male	Male (60+)			Event Wave 6	10km Wave 3	11:25 AM	10km
748	Jack	Hudaverdi	Male	Male (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
218	Sarah	Hughes	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
219	Mark	Humphries	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
749	Clare	Hunt	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km

572	Sarah	Huntley	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
573	Faye	Hussey	Female	Female (50-59)	Fit2run		Event Wave 6	10km Wave 3	11:25 AM	10km
750	emma	ingledew	Female	Female (40-49)	T ILLE GIT		Event Wave 4	10km Wave 2	11:00 AM	10km
220	Sam	Ingram	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
221	Libby	Jackson	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
222	Amanda	James	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
223	Nicola	Jeffery	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
224	Isobel	Jeffery	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
225	Katie	Jeffery	Female	Junior Female (U20)			Event Wave 3	10km Wave 1	10:50 AM	10km
226	Keven	Jeffery	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
887	Donna	jessney	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
751	adeke	johnson	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 4	11:00 AM	10km
888	Dominic	Jones	Male	Male (50-59)		rour pace or mine:	Event Wave 7	10km Wave 4	11:40 AM	10km
889	Gareth	Jones	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
752	Nigel	Karslake	Male	Male (40-49)			Event Wave 4	10km Wave 4	11:40 AM	10km
753	Samantha	Karslake	Female				Event Wave 4	10km Wave 2	11:00 AM	10km
	Sarrah			Female (40-49)	Eveter Herriere			10km Wave 2	11:00 AM	
754	Helen	Kearsey	Female Female	Female (20-39)	Exeter Harriers		Event Wave 4 Event Wave 3	10km Wave 2	10:50 AM	10km 10km
227		Keeble		Female (40-49)				 		
574	Carl	Keenan	Male	Male (20-39)		CDEDITON DUNNING NETW	Event Wave 6	10km Wave 3	11:25 AM	10km
755	Amy	Kemp	Female	Female (20-39)		CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
228	Jess	Kerslake	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
229	Susannah 	Kilby	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
756	Jessica 	Kingsland	Female	Female (20-39)	Crediton Running Network	CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
890	Louise	Kirby-Garton	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
891	Rupert	Kirby-Garton	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
575	Teresa	Kirk	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
892	Laura	Kyte	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
230	Kate	Lacey	Female	Female (40-49)	Bootyes Ladies Running Club		Event Wave 3	10km Wave 1	10:50 AM	10km
231	Jo	Lane	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
893	Lisa	Lannon	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
894	Sarah	Lashbrook	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
757	Ann	Law	Female	Female (40-49)	Crediton Running Network	CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
232	Paul	Lawrence	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
576	Cobi	Lawrence	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
577	Neil	Lawson	Male	Male (60+)	SWRR		Event Wave 6	10km Wave 3	11:25 AM	10km
895	Kelly	Lawson	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
896	Louise	Layton	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km

579	Laura	Le-Leivre	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
							1			-
578	Lisa	Leach	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
	Fern	Leach	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
233	Rebecca	Ledger .	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
898	Georgina	Leonard	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
899	Stuart	Lessels	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
234	Kate	Lewis	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
900	Gareth	Lewis	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
	Becky	Lewis-Clark	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
902	Mike	Leworhty	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
580	Arabella	Lloyd	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
903	Elizabeth	Lloyd	Female	Female (40-49)	Women on the run		Event Wave 7	10km Wave 4	11:40 AM	10km
581	Liz	Lockhart	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
904	Georgina	Long	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
905	Javier	Lopez-Jacoiste	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
582	Tina	Ludlow	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
235	Mandy	Luke	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
236	Vicky	Lynde	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
583	Julia	Mallon	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
237	natasha	maloney	Female	Female (40-49)		Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
758	Rachel	Mandrupson	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
238	Steve	Manvell	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
239	Piers	Markham	Male	Male (60+)			Event Wave 3	10km Wave 1	10:50 AM	10km
240	James	Marriott	Male	Junior Male (U20)			Event Wave 3	10km Wave 1	10:50 AM	10km
241	Martin	Marriott	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
242	Kate	Marshall	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
906	Shane	Martin	Male	Male (40-49)	Dsfrs		Event Wave 7	10km Wave 4	11:40 AM	10km
759	Louise	Matthews	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
760	becky	matthews	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
584	Judy	Matthews	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
585	Lisa	May	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
243	Susan	McComb	Female	Female (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
244	Olivia	McComb	Female	Junior Female (U20)			Event Wave 3	10km Wave 1	10:50 AM	10km
761	Anne	Mcdonald	Female	Female (50-59)			Event Wave 4	10km Wave 2	11:00 AM	10km
762	Kevin	Mcdonald	Male	Male (60+)			Event Wave 4	10km Wave 2	11:00 AM	10km
907	lan	Mchenry	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
908	naoko	mckinnon	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km

245	Steve	Mellor	Male	Male (50-59)			Event Wave 3	10km Wave 1	10:50 AM	10km
586	Richard	Merrifield	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
587	Joanna	Merrifield	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
909	Danni	Meyer	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
763	Andy	Milford	Male	Male (20-39)		CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
910	Daniel	Mill	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
588	Debbie	Miller	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
246	heidi	Miller-Ratcliffe	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
247	stephen	Miller-Ratcliffe	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
911	Bekki	Mills	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
589		Milne	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
590		Milne	Female	Junior Female (U20)	Bere Alston Trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
248	Carla	Miners	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
764	Вессу	Mitchell	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
765	Alexandra	Mitchelmore	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
591	Catherine	Moffatt	Female	Female (40-49)	Rebel Runners Crewkerne		Event Wave 6	10km Wave 3	11:25 AM	10km
249	Sally	Moore	Female	Female (60+)			Event Wave 3	10km Wave 1	10:50 AM	10km
250	Chris	Morris	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
766	Justine	Morton	Female	Female (40-49)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
912	Kerry	Morwood	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
592	Lucy	Mottram	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
913	Tracy	Moule	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
593	Marion	Moxhay	Female	Female (50-59)	UKRunChat RC		Event Wave 6	10km Wave 3	11:25 AM	10km
767	Siobhan	Moyes	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
251	rebecca	mullens	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
252	Simon	Mullens	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
768	Kim	musson	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
769	Katie	Neal	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
253	Sheila	Newman	Female	Female (60+)	Tamar Trotters	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
770	Olivia	Nicholls	Female	Female (20-39)	Crediton Running Network	CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
594	Shannon	Norman	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
595	Charlotte	Norman	Female	Female (20-39)	Hydrographic Harriers		Event Wave 6	10km Wave 3	11:25 AM	10km
596	Sheila	Norman	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
597	Deb	Norman-pawley	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
914	Cerys	Norris	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
915	Nicole	Orme	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
916	Joe	Orme	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km

598	Sharn	Ormond	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
								 		-
771	Natasha	Osborne	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
599	Petra	Osborne	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
254	Donna	Oswald	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
600	Rebecca	Ousley	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
772	Louise	Palmer	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
601	Karen	Palmer	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
602	Amy	Palmer	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
917	Kirstin	Papuca	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
255	rachael	parker	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
256	john	parker	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
603	Andrew	Parnell	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
773	Jane	Parrott	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
257	Arran	Partridge	Male	Junior Male (U20)			Event Wave 3	10km Wave 1	10:50 AM	10km
774	Kevin	Partridge	Male	Male (40-49)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
258	Sarah	Pascall	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
604	Emily	Passmore	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
918	Mark	Pattenden	Male	Male (40-49)	Torrington aac		Event Wave 7	10km Wave 4	11:40 AM	10km
259	Fiona	Pavelin	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
919	Edward	Pavelin	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
920	philip	Pavelin	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
775	Emma	Peake	Female	Female (20-39)	Crediton running network	CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
605	Susan	Pedrick	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
606	Alec	Pedrick	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
607	Rachel	Pedrick	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
776	Dawn	Peek	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
777	Steve	Pettifer	Male	Male (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
921	Ines	Pfannenschmidt	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
260	Andrew	Phare	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
261	Michelle	Phillips	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
922	Nicol	Phillips	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
778	Nicola	Phipps	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
779	Denise	Pichler	Female	Female (50-59)	Women on the Run		Event Wave 4	10km Wave 2	11:00 AM	10km
608	shaun	pickett	Male	Male (60+)			Event Wave 6	10km Wave 3	11:25 AM	10km
923	Victoria	Picton	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
780	Victoria	Platt	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
781	Hannah	Plowman	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km

609	Beth	Poole	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
610	John	Potjewyd	Male	Male (60+)			Event Wave 6	10km Wave 3	11:25 AM	10km
262	Mark	Powell	Male	Male (50-59)	Chippenham Harriers		Event Wave 3	10km Wave 1	10:50 AM	10km
611	Dawn	Powers	Female	Female (40-49)	• • • • • • • • • • • • • • • • • • • •		Event Wave 6	10km Wave 3	11:25 AM	10km
924	Karen	Powlesland	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
925	Thomas	Powlesland	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
612	Laura	Pratt	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
263	Rachel	PRESCOTT	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
926	Louise	Pritchard	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
264	Katie	Prouse	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
613	Jayne	Pugsley	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
614	Nikki	Putt	Female	Female (40-49)	Bere Alston trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
615	Colin	Putt	Male	Male (50-59)	Bere Alston Trekkers		Event Wave 6	10km Wave 3	11:25 AM	10km
927	Fiona	Pyle	Female	Female (20-39)	Axe valley runners		Event Wave 7	10km Wave 4	11:40 AM	10km
265	Clodagh	Raddon	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
782	Chris	Randall	Male	Male (50-59)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
783	Chrissie	Randall	Female	Female (50-59)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
928	Amy	Redden	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
784	Victoria	Redler	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
266	Ann	Reed	Female	Female (50-59)	Purbeck Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
267	Elaine	Reynolds	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
785	Hayley	Rice	Female	Female (20-39)		CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
616	Sue	Rimes	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
617	Sarah	Rimes	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
618	Alice	Rimes-Bowen	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
786	steph	rixon	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
787	Lucy	Roberts	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
929	Howard	Roden	Male	Male (40-49)	Ware joggers		Event Wave 7	10km Wave 4	11:40 AM	10km
268	Lesa	Rodgers	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
788	Harriet	Rofer	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
789	Leah	Rogers	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
790	Mike	Roocroft	Male	Male (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
791	ian	russell	Male	Male (40-49)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
930	claire	Russell	Female	Female (20-39)	storm plymouth		Event Wave 7	10km Wave 4	11:40 AM	10km
619	Barry	Ryerson	Male	Male (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
620	Sarah	Ryerson	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
621	Matthew	Saunders	Male	Male (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km

622	Karen	Saunders	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
931	Jenny	Saunter	Female	Female (50-59)	Bodmin Women's RC		Event Wave 7	10km Wave 4	11:40 AM	10km
932	Dave	Saunter	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
269	Mark	Screech	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
792	Vanessa	Sears	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
623	Annette	Selby	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
933	Naomi	Shaw	Female	Female (20-39)	South West Road Runners		Event Wave 7	10km Wave 4	11:40 AM	10km
934	Samantha	Shewbridge	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
270	Natalie	Shute	Female	Female (20-39)	Launceston Road Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
624	Colin	Simpson	Male	Male (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
625	Helen	Sims	Female	Female (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
793	Sophie	Skinner	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
794	Sarah	Slack	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
935	Gary	Sleath	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
936	Tim	Sleath	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
795	Rowena	Slyfield	Female	Female (20-39)	Crediton running network	CREDITON RUNNING NETW	Event Wave 4	10km Wave 2	11:00 AM	10km
937	Paula	Smerdon	Female	Female (40-49)	Tavistock athletic club		Event Wave 7	10km Wave 4	11:40 AM	10km
271	Becky	Smith	Female	Female (20-39)	Tamar Trotter	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
626	Graham	Smith	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
938	Tammy	Smith	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
939	Steve	Smith	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
272	Sam	Soper	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
273	Jim	Soper	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
274	Philip	Sorrell	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
940	Vivien	Southall	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
941	Ruth	Spedding	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
627	Kelly	Spence	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
942	Dom	Stacey	Male	Male (40-49)	South West Road Runners		Event Wave 7	10km Wave 4	11:40 AM	10km
796	Kate	Stevens	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
628	Debra	Stevens	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
275	Rose	Stiling	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
629	Max	Stoddart	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
943	Andrew	Stone	Male	Male (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
797	Marzena	Strzalkowska	Female	Male (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
798	Charlotte	Sullivan	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
630	Sam	Summers	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
944	Charlie	Sumner	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km

276	Ben	Tancock	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
631	Hannah	Тарр	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
799	Sandra	Taylor	Female	Female (40-49)	Bodmin Women's RC		Event Wave 4	10km Wave 2	11:00 AM	10km
632	Geri	Terry	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
945	Ginny	Thompson	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
946	Katie	Thompson	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
277	Helen	Thorne	Female	Female (40-49)	Avon Valley Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
278	Niall	Thorne	Male	Junior Male (U20)	Avon Valley Runners		Event Wave 3	10km Wave 1	10:50 AM	10km
279	Paul	Thorne	Male	Male (50-59)	Avon valley runners		Event Wave 3	10km Wave 1	10:50 AM	10km
947	James	Thornton	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
948	Nicola	Thornton	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
949	Holly	Titchner	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
950	Lucy	Topliss	Female	Female (20-39)	UKRCEXETER		Event Wave 7	10km Wave 4	11:40 AM	10km
800	Amy	Tucker	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
951	Anna	Turner	Female	Female (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
280	Victoria	Tymoczko	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
633	Martin	Underwood	Male	Male (50-59)			Event Wave 6	10km Wave 3	11:25 AM	10km
281	Annabel	Urquiza	Female	Female (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
282	Heidi	Vaughan	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
801	Maria	Vicary	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
952	Nicola	Vile	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
634	Teresa	Vincent	Female	Female (40-49)	BATS		Event Wave 6	10km Wave 3	11:25 AM	10km
635	Victoria	Viney	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
953	Debbie	Vinnicombe	Female	Female (50-59)	Honiton RC		Event Wave 7	10km Wave 4	11:40 AM	10km
283	Barry	Voaden	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
954	Lisa	Vosper	Female	Female (40-49)	Bodmin Women's RC		Event Wave 7	10km Wave 4	11:40 AM	10km
955	Sylvia	Wakeham	Female	Female (60+)			Event Wave 7	10km Wave 4	11:40 AM	10km
636	Emma	Walford	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
284	Sarah	Walker	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
285	Scott	Walker	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
637	Catherine	Walker	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
286	Shemayne	Walker-Thomas	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
638	Rebecca	Wall	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
956	Angela	Walsh	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
287	Sally	Walters	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
639	Becky	Wanostrocht	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
802	Daryll	Ware	Male	Male (50-59)			Event Wave 4	10km Wave 2	11:00 AM	10km

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957	Pete	Watson	Male	Male (20-39)			Event Wave 7	10km Wave 4	11:40 AM	10km
958	Gemma	Way	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
959	Andrew	Way	Male	Male (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
803	Lauren	Weekes	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
288	Steven	Welch	Male	Male (40-49)			Event Wave 3	10km Wave 1	10:50 AM	10km
294	Wes	Wells	Male	Male (20-39)	Tamar Trotter	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
289	Lucie	Welsman	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
290	Kirsty	Wensley	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
804	JO	White	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
805	Donna	White	Female	Female (20-39)		Heavitree Running Group	Event Wave 4	10km Wave 2	11:00 AM	10km
641	Sophie	Whiteley	Female	Female (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
642	Thomas	Whitworth	Male	Male (20-39)			Event Wave 6	10km Wave 3	11:25 AM	10km
643	Wendy	Wilfan	Female	Female (40-49)	Weston Athletic Club		Event Wave 6	10km Wave 3	11:25 AM	10km
291	Trevor	Williams	Male	Male (50-59)	Tamar Trotters	Tamar Trotters	Event Wave 3	10km Wave 1	10:50 AM	10km
806	Amy	Williams	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
807	jeni	williams	Female	Female (20-39)		Your pace or mine?	Event Wave 4	10km Wave 2	11:00 AM	10km
644	Hannah	Williams	Female	Female (40-49)	AVR		Event Wave 6	10km Wave 3	11:25 AM	10km
960	Jill	Williams	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
961	Fiona	Williams	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
962	Liz	Wilson	Female	Female (50-59)			Event Wave 7	10km Wave 4	11:40 AM	10km
808	Lisa	Woodger	Female	Female (20-39)			Event Wave 4	10km Wave 2	11:00 AM	10km
645	Laura	Woodhall	Female	Female (40-49)			Event Wave 6	10km Wave 3	11:25 AM	10km
809	Wendy	Woods	Female	Female (50-59)	women on the run		Event Wave 4	10km Wave 2	11:00 AM	10km
810	Janet	Woodward	Female	Female (50-59)			Event Wave 4	10km Wave 2	11:00 AM	10km
292	Georgina	Woollacott	Female	Female (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
811	Cassie	Worth	Female	Female (40-49)			Event Wave 4	10km Wave 2	11:00 AM	10km
963	JULIE	WREFORD-HYD	Female	Female (40-49)			Event Wave 7	10km Wave 4	11:40 AM	10km
293	Michael	Wright	Male	Male (20-39)			Event Wave 3	10km Wave 1	10:50 AM	10km
964	Oliver	Youll	Male	Junior Male (U20)			Event Wave 7	10km Wave 4	11:40 AM	10km