



# Cheddar Gorge Challenge 2019

## Saturday 15th June

Bronze Omnium	All Runners £30 [ ] (100m + 1km + Hill Climb + 6km)
Silver Omnium	All Runners £35 [ ] (100m + 1km + Hill Climb + 10km)
Gold Omnium	All Runners £60 [ ] (100m + 1km + Hill Climb + 10km + Half Marathon on Sunday)
6km stand alone	All Runners £15 [ ]
10km stand alone	All Runners £20 [ ]

**Select a Group** - all groups are open to all runners. Runners in the same group rotate around the events together.

Omnium - Group 1 [ ] OR Group 2 [ ]

**Select a Wave** – all waves are open to runners of all abilities, if a wave is full you will be assigned to the next wave

6km - Wave 1 [ ]; 10km - Wave 1 [ ]

## Sunday 16th June

Marathon	Affiliated £40 [ ]	Unaffiliated £42 [ ]	On the Day £2 extra
Half Marathon	Affiliated £29 [ ]	Unaffiliated £31 [ ]	On the Day £2 extra
10km	Affiliated £18 [ ]	Unaffiliated £20 [ ]	On the Day £2 extra
6km	Affiliated £13 [ ]	Unaffiliated £15 [ ]	On the Day £2 extra
3km	Affiliated £6 [ ]	Unaffiliated £8 [ ]	On the Day £2 extra
1km	Affiliated £5 [ ]	Unaffiliated £5 [ ]	On the Day £5

**Select a Wave** – all waves are open to runners of all abilities, if a wave is full you will be assigned to the next wave

10km; Wave 1 [ ] OR Wave 2 [ ] OR Wave 3 [ ] OR Wave 4 [ ]

Half Marathon; Wave 1 [ ] OR Wave 2 [ ] OR Wave 3 [ ] OR Wave 4 [ ]

Marathon; Wave 1 [ ] OR Wave 2 [ ]

**Would you like your medal customising with your name & finish time?** Yes (£6 extra) [ ] No [ ]

Custom engraved pieces are sent out 2-3 weeks after the event. Please collect your medal as normal on the day of the event. For the Omnium runners, the longest distance covered eg 6km, 10km or Half will be the time engraved unless otherwise specified.

## Entry Details – Please fill out in block capitals

Full Name..... Gender.....

Junior Male (U20) [ ] Male 20-39 [ ] Male 40-49 [ ] Male 50-59 [ ] Male 60+ [ ]

Junior Female (U20) [ ] Female 20-39 [ ] Female 40-49 [ ] Female 50-59 [ ] Female 60+ [ ]

Age on Race Day..... Phone Number.....

Address.....

Postcode..... Email Address.....

Would you like to be added to our email newsletter? [ ] Yes please; [ ] No thanks

Emergency Contact..... Phone.....

Team or Club (Saturday events)..... (optional)

UK Athletics Club (Sunday events) ..... (if applicable)

Postal Entries: Tom Room, Relish Running Races, 6 Hampton View, Bath, BA1 6JL.

Please make cheques payable to: Relish The Great Outdoors Ltd. Cashing of your cheque confirms your place in the race. All information will be published online in the Event Information/Race Day page. Nothing will be sent out via post.

**Privacy Policy** - full copy available to review at [www.relishrunningraces.com/privacy-policy.php](http://www.relishrunningraces.com/privacy-policy.php)

I consent to my data being managed in accordance to the Relish Privacy policy. Must tick to register.

## Saturday 15th June - Athlete Declaration

Race Entries are non transferable and non refundable, including in the event that the race is cancelled. I am over 18yrs old, or this form is being filled out by an adult who agrees to the terms and conditions below on my behalf. I accept that any costs incurred by myself are not recoverable from the event should the event be cancelled under any circumstances.

The route has been fully and carefully risk assessed and all steps have been take to reduce the likelihood of an injuries, but they can not be completely eliminated. I understand the hazards, risks and the challenging nature of the event that I am entering. I am medically fit to take part, I do so of my own volition and at my own risk. I am willing to take full responsibility for any injury that may be sustained. If I am not willing to accept liability for this the I will not participate in the event. Relish The Great Outdoors Ltd has a duty of care to the participants and spectators and nothing in the disclaimer exempts us from negligence which may lead to injury or death.

You agree that Relish The Great Outdoors Ltd, the Top of the Gorge Festival, our respective staff, volunteers and subcontractors will not be held accountable or responsible for any loss or damage to your personal possessions/ belongings. You give Relish The Great Outdoors Ltd permission to use photographs or video captured of you during the event and any photography captured during the event shall become our property. This will not be shared with any other party and you unsubscribe at any time. If any section of this document is not deemed legitimate or is found to be incorrect in any way shape or form by a court or any other legal authority then that section shall be removed or changed to meet the necessary requirements. The changes to this section will not affect the legitimacy and enforceability of any other sections of this policy.

Signed .....(Parent or Guardian athlete under 18)                      Date .....

## Sunday 16th June - Athlete Declaration

I declare that I am an amateur according to the UK Athletics rules and that I am medically fit to run. In ear headphones are not permitted. Bone conducting headphones are permitted. I accept that any costs incurred by myself are not recoverable from the event should the event be cancelled under any circumstances. You give Relish The Great Outdoors Ltd permission to use photographs or video captured of you during the event and any photography captured during the event shall become our property. I accept that the organisers shall not be liable for any injury, illness or loss of property as a result of taking part in this event. I am over 18 years of age, or else this form is being completed by a parent or guardian. Minimum age for racing the marathon is 18yrs old, the half marathon is 17 yrs old, the 10km is 16yrs old, the 6km is 14yrs old and 10 for the 3km. There is no minimum age for the 1km. Race entries are non transferable and non refundable, including in the event of cancellation due to circumstances beyond our control. Held under UKA rules.

Signed .....(Parent or Guardian athlete under 18)                      Date .....