

# Relish Running Races

Two Tunnels Races - 18th Aug 2024

## Provisional Schedule

**Note shuttle buses run between 07:00 - 18:00 only. 1 bus every 15mins approx.**

### Race Briefing

There will be a race briefing 10mins before each wave start held on the start line.

**PLEASE COLLECT YOUR RACE NUMBER FROM THE DESK WITH YOUR EVENT WAVE NUMBER**

Event Wave	Race Wave	Arrive P&R	Arrive at Race	Briefing	Start
Ultra	50km Ultra & Relay	07:15	07:30 - 07:45	08:15	08:30
Colour	500m & 2km Colour	08:15	08:45 - 09:00	09:10	09:20
Event Wave 1	Marathon - Wave 1	08:30	09:00 - 09:15	09:50	10:00
Event Wave 2	Marathon - Wave 2	08:40	09:10 - 09:25	10:00	10:10
Event Wave 3	Marathon - Wave 3	08:50	09:20 - 09:35	10:10	10:20
Event Wave 4	5km - Wave 1	09:00	09:30 - 09:45	10:25	10:30
Event Wave 5	5km - Wave 2	09:10	09:40 - 09:55	10:30	10:40
Event Wave 6	City Half - Wave 1	09:20	09:50 - 10:05	10:40	10:50
Event Wave 7	10km - Wave 1	09:30	10:00 - 10:15	10:50	11:00
Event Wave 8	City Half - Wave 2	09:40	10:10 - 10:25	11:00	11:10
Event Wave 9	10km - Wave 2	09:50	10:20 - 10:35	11:10	11:20
Event Wave 10	City Half - Wave 3	10:00	10:30 - 10:45	11:20	11:30
Event Wave 11	10km - Wave 3	10:10	10:40 - 10:55	11:30	11:40
Event Wave 12	City Half - Wave 4	10:20	10:50 - 11:05	11:40	11:50
Event Wave 13	10km - Wave 4	10:30	11:00 - 11:15	11:50	12:00
Event Wave 14	City Half - Wave 5	10:40	11:10 - 11:25	12:00	12:10
Event Wave 15	10km - Wave 5	10:50	11:20 - 11:35	12:10	12:20
Event Wave 16	City Half - Wave 6	11:00	11:30 - 11:45	12:20	12:30
Event Wave 17	10km - Wave 6	11:10	11:40 - 11:55	12:30	12:40
Event Wave 18	10km - Wave 7	11:20	11:50 - 12:05	12:40	12:50

OTD = On The Day registrations? Usually only wave per distance is open to on the day registrations.

### Notes

There are likely multiple waves with the same colour race number, please pay close attention to the number range too on the final schedule. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave. Event Waves refers to the order the individual race waves will set off.

You can collect your number from the desks which respond to the Event Wave, not your race wave. For example, 10km wave 3 runners are in Event Wave 11, so will collect their numbers from desk 11, not desk 3. There is no on the day prize giving. Prize winners will be contacted the week of the race by email. Event Waves refers to the order the individual race waves will set off. The briefing for each event will take place 10 minutes before each wave starts, on the start line. Due to the multiple waves spread out over a long period of time, there is no on the day prize giving. Prize winners will be contacted the week of the race by email.